

May - June 2026



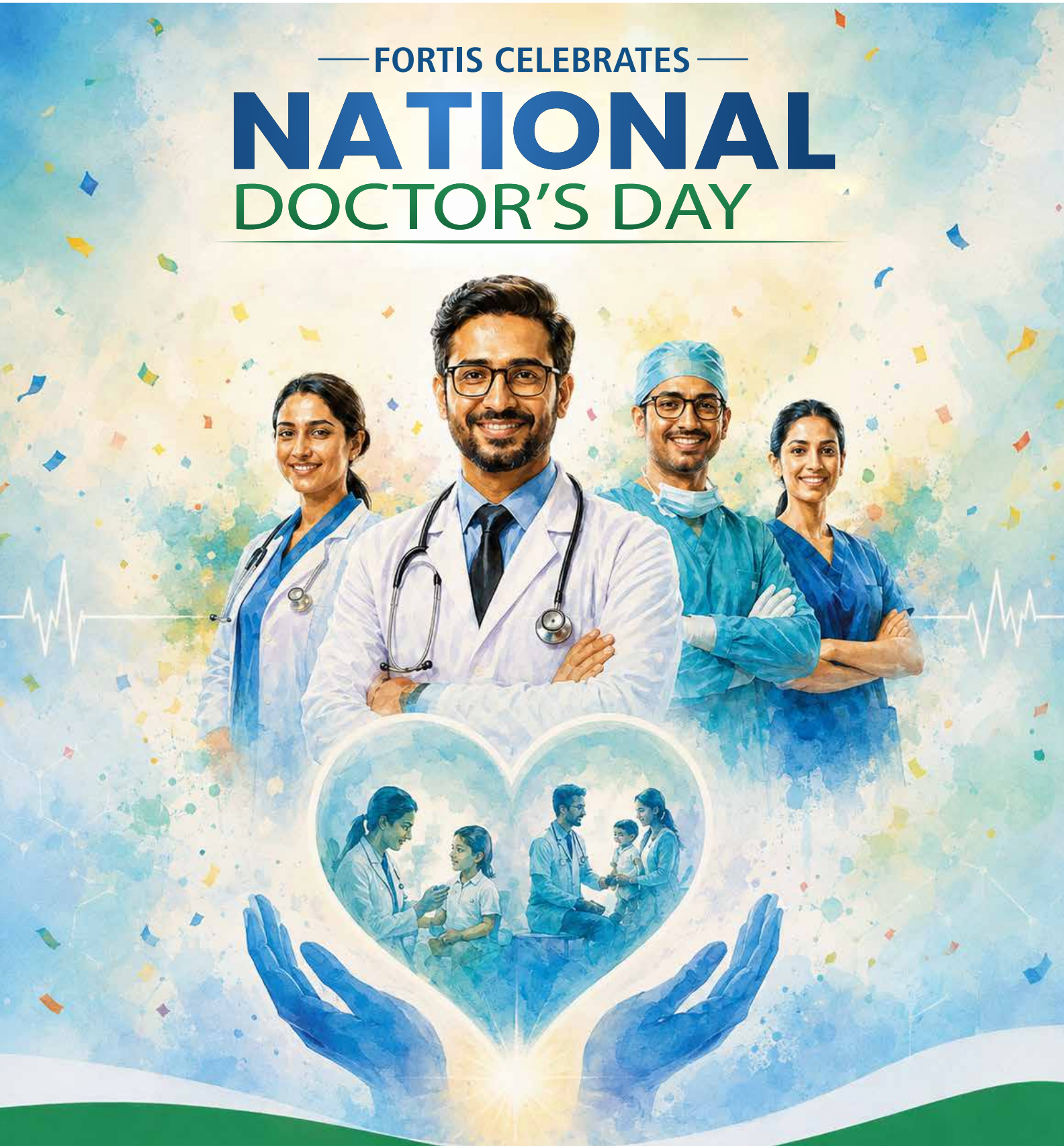
www.fortishealthcare.com

THE FORTISIAN

HAPPENINGS IN THE WORLD OF FORTIS

— FORTIS CELEBRATES —

NATIONAL DOCTOR'S DAY





Group Head – MSOG’s Message

Dear Colleagues,

On National Doctors' Day, I extend my heartfelt appreciation and admiration to every clinician across our organization for their unwavering commitment to healing, serving, and inspiring hope.

Medicine is more than a profession - it is a calling that demands compassion, resilience, integrity, and excellence every single day. Your dedication, often in the face of long hours, emotional challenges, and ever-evolving healthcare needs, is the cornerstone of the trust our patients place in us. However, this day is also a powerful reminder that those who dedicate their lives to healing others also deserve care, compassion, and support. Every day, our doctors navigate complex clinical decisions, embrace innovation and comfort families - while carrying the emotional and physical demands of the profession with quiet resilience.

Our leadership remains committed towards fostering a workplace where our clinicians feel valued, respected, and supported. Caring for those who provide care is essential to sustaining clinical excellence and delivering safe, compassionate, and patient-centric care.

On this day, let us reaffirm our shared purpose - to advance healthcare with compassion, integrity, and excellence. Together, we will continue to shape the future of medicine, improve the lives of those we serve, and uphold the trust that society places in our profession.

Wishing you all a very Happy National Doctors' Day.

Best,

Dr Bishnu Panigrahi

Group Head - Medical Strategy & Operations, Fortis Healthcare



Message from The Editor-in-Chief

Dear Fortisians,

These are truly exciting times as the Fortis Family continues to grow exponentially.

Beginning with this edition of The Fortisian, we will feature updates from both Gleneagles India and Agilus Diagnostics. We are confident that this initiative will further strengthen collaboration, foster greater cohesion and synergy, and ensure stronger alignment across all Fortis entities, energising and furthering our vision of building One Fortis.

Happy reading!

Best,

Ajey Maharaj

Head – Corporate Communications & PR

New Beginnings & Launches

Fortis Gurugram Inaugurates New Tower; Announces 200-Bed Expansion



On May 1 2026, Fortis Hospital, Gurugram announced the inauguration of its new tower. A pooja and hawan ceremony was organised to mark the occasion. The hospital also announced the addition of 200 beds. The ceremony was attended by senior Fortis leadership, including Dr Ashutosh Raghuvanshi, MD & CEO; Mr Vivek Kumar Goyal, CFO; Mr Anil Vinayak, GCOO; Mr Ranjan B. Pandey, CHRO; Dr Ritu Garg, Chief Growth & Innovation Officer and Mr Yash Rawat, Senior VP & SBU Head, Fortis Gurugram, along with senior clinicians of Fortis Gurugram.

Fortis Escorts, Okhla Inaugurates Advanced Da Vinci Xi Robotic System



An advanced Da Vinci Xi Robotic Surgical System, one of the world's most sophisticated robotic-assisted surgical platforms, was inaugurated at Fortis Escorts, Okhla, on June 26, 2026.

The inauguration was held in the presence of Dr Z S Meharwal, Chairman & Head – Adult Cardiac Surgery; Dr Ritwick Raj Bhuyan, Director – Cardio Thoracic Vascular Surgery; Dr Milind Padmakar Hote, Director – Cardio Thoracic Vascular Surgery; Dr Archit Pandit, Director – Surgical Oncology; Dr Sanjay Verma, Director – GI, Minimal Access, Bariatric, Advanced GI & Robotic Surgery; Dr Pradeep Ramakrishnan, Additional Director – Cardio Thoracic Vascular Surgery; Dr Vivek Vasudeo, Consultant – Urology; Dr Vikram Aggarwal, Vice President & Head – Strategic Business Unit, along with the hospital leadership and clinical teams.

Fortis Escorts, Faridabad, Launches Pacemaker Clinic



On June 4, 2026, Fortis Escorts Hospital, Faridabad, launched a dedicated Pacemaker Clinic to strengthen advanced cardiac care and ensure regular monitoring of implanted cardiac devices. The clinic was inaugurated by Dr Sanjay Kumar, Senior Director – Cardiology; Dr Kamal Gupta, Additional Director – Cardiology and Dr Amit Madaan, Senior Consultant – Cardiology. The clinic offers pacemaker check-ups, device programming, rhythm assessment and expert consultation by cardiac electrophysiologists.

While pacemaker implantation is life-saving, many patients miss regular follow-ups. The clinic aims to bridge this gap through periodic assessments to ensure proper device function, monitor battery life and detect abnormalities requiring timely intervention. Equipped with advanced facilities, the clinic enables comprehensive evaluation and management of implanted cardiac devices, ensuring improved patient outcomes and continuity of care.

Fortis Escorts Faridabad Unveils 'Fortis Institute of Robotic Surgery'



On June 20, 2026, Fortis Escorts Hospital, Faridabad, marked a significant milestone with the launch of Fortis Institute of Robotic Surgery in the presence of over 300 doctors from the Indian Medical Association (IMA), the Nursing Homes Association, Public Sector Undertakings, corporate organisations, and the wider medical fraternity across Faridabad. The overwhelming participation underscored the region's collective commitment to advancing healthcare excellence.

As part of the launch, the hospital showcased its advanced technologies and cutting-edge treatment modalities, including the Da Vinci Xi Robotic System, Stryker MAKO Robotic System, Neuronavigation, ECMO, CAR-T Cell Therapy, Bone Marrow Transplant (BMT), and Deep Brain Stimulation (DBS), highlighting its commitment to delivering world-class, patient-centric care across multiple specialities.

Fortis Gurugram Launches India's First Centre of Excellence for Myeloma & Lymphoma



In a significant milestone toward advancing blood cancer care, Fortis Hospital, Gurugram, launched India's First Centre of Excellence for Myeloma & Lymphoma under the Institute of Blood Disorders on June 11, 2026. More than 100 persons, including the press and international partners, attended the launch event.

The event also featured insightful sessions by Dr Rahul Bhargava, Principal Director & Chief – Bone Marrow Transplant; Mr Yash Rawat, Senior Vice President & SBU Head, Fortis Hospital, Gurugram; Dr Shrinidhi Nathany; Dr Anusha Swaminathan; Dr Mehak Trehan.

Fortis Escorts Faridabad Launches Multiple Advanced Speciality Institutes to Strengthen Tertiary Care



(L-R): Dr Abhishek Sharma, Dr Rahul Bhargava, Dr BD Pathak, Dr Anup Gulati, Dr Siddharth Sood, Dr Itisha Chaudhary, Dr Niti Kautish, and Dr Kamal Verma along with invitees



(L-R): Dr Abhishek Sharma, Dr Vinit Banga and Dr Kamal Verma with senior clinicians

Fortis Escorts, Faridabad, launched the Fortis Cancer Institute, the Institute of Neurosciences and the Centre of Excellence in Critical Care & ECMO under its 'Future of Surgery' initiative on June 20, 2026. The integrated platform combines advanced technology, multidisciplinary expertise, and seamless care pathways to enhance access to world-class tertiary healthcare across the region.

Fortis Cancer Institute offers comprehensive cancer care through medical and surgical oncology, advanced diagnostics, precision treatment, and multidisciplinary tumour board-led care planning. The Institute of Neurosciences provides specialised treatment for brain, spine, and neurological disorders, supported by advanced neuro-navigation, minimally invasive surgery, and integrated rehabilitation. The Centre of Excellence in Critical Care & ECMO delivers advanced intensive care for patients with severe cardiac, respiratory, and multi-organ conditions, backed by specialised ICU protocols, ECMO support, expert critical care teams, and continuous monitoring.

Fortis Hospital Kalyan Inaugurates Advanced Emergency Department; Marks 20 Years of Operations



(R-L) Dr Vivek Mahajan, Dr Sudhir Gore, Dr S. Narayani, Shri. Abhinav Goel (IAS), Dr Ashutosh Pandey, Dr Sandeep Patil, Dr Manoj Kumar and Dr Archana Pate announce Code QRT 2.0

Fortis Hospital, Kalyan, celebrated a momentous milestone on May 22, 2026 — marking 20 years of dedicated healthcare service to the Kalyan-Dombivli-Ambernath region, with the inauguration of its newly upgraded Emergency Department. The inauguration was graced by Shri Abhinav Goel (IAS), Municipal Commissioner, Kalyan-Dombivli Municipal Corporation, alongside Dr S. Narayani, Business Head – Fortis Hospitals Maharashtra, Dr Ashutosh Pandey, Facility Director - Fortis Hospital Kalyan, Dr Sudhir Gore, Head – Trauma & Emergency Services, Fortis Hospital Kalyan, along with senior clinicians, hospital leadership and support staff.

Matching the ambition of the upgraded department, Fortis Kalyan simultaneously announced Code QRT 2.0, an initiative that takes emergency preparedness beyond the hospital. The first phase of Code QRT, hosted in 2025, trained primary care physicians across Kalyan-Dombivli to identify and stabilise critical patients before transfer. Fifteen key hospitals across Kalyan-Dombivli will now be a part of a coordinated emergency response system, connecting emergency physicians, specialists, first responders and neighbouring facilities into a single, seamless chain of care. The goal of the initiative is to ensure that critical patients receive adequate treatment within the golden hour.

Fortis Hospital Mulund Inaugurates Adult Vaccination Clinic To Strengthen Preventive Healthcare



Reinforcing its commitment to preventive healthcare and building immunity beyond childhood, Fortis Hospital Mulund on May 25, 2026 announced the launch of its dedicated Adult Vaccination Clinic. The clinic, led by Dr Kirti Sabnis, Consultant - Infectious Diseases Specialist, Fortis Hospital Mulund, was inaugurated by Padma Shri Dr Himmatrao Bawaskar, along with Dr S. Narayani, Business Head-Fortis Hospitals Maharashtra and Dr Vishal Beri, Facility Director-Fortis Hospital Mulund, in the presence of senior clinicians, hospital leadership and support staff, underscoring the importance of adult immunization in strengthening public health outcomes.

The clinic addresses the growing yet often overlooked need for adult immunization, offering comprehensive vaccination counselling, risk assessment, and immunization services — all under one roof. It seeks to build awareness about the critical role vaccines play in protecting adults from diseases such as Influenza, Pneumonia, Hepatitis B, Shingles, Tetanus, HPV, and other infections that can significantly impact adult health and quality of life. The clinic will also cater to individuals with special healthcare needs, including patients undergoing organ transplantation, bone marrow transplantation, cancer treatment, or those living with chronic medical conditions that may require tailored immunization schedules.

Fortis Hospital Greater Noida Launches Hypertension Clinic



Fortis Hospital Greater Noida launched a dedicated Hypertension Clinic on the occasion of World Hypertension Day on May 16, 2026, to provide comprehensive diagnosis, treatment and long-term management for patients with high blood pressure and related cardiovascular conditions. The clinic is led by a team of Cardiology Consultants, Dr Harnish Singh Bhatia and Dr Shantanu Singhal.

The clinic offers access to a multidisciplinary team of specialists, personalised treatment plans, advanced technologies and evidence-based treatment protocols, with a focus on preventive healthcare, early diagnosis, timely intervention and improved long-term health outcomes.

Fortis Vasant Kunj Strengthens Multidisciplinary Care with Launch of Pancreatic Clinic



On May 9, 2026, Fortis Hospital Vasant Kunj launched its specialised Pancreatic Clinic under the leadership of Dr Neeraj Chaudhary, Senior Director & HOD - GI, GI Oncology & Robotics. The clinic was inaugurated in the presence of Dr Gurvinder Kaur, Facility Director, along with senior clinicians, Admin team members and community members.

The clinic offers comprehensive care for a wide spectrum of pancreatic disorders, including pancreatitis, pancreatic cysts, pancreatic cancer and other complex gastrointestinal conditions. Equipped with advanced diagnostics and minimally invasive treatment capabilities, the clinic provides integrated services including endoscopic ultrasound (EUS), pancreatic surgeries, oncology support, nutritional counselling and post-treatment rehabilitation.

Fortis Escorts, Okhla, Unveils Upgraded OT Complex



A newly renovated Operation Theatre (OT) Complex was inaugurated at Fortis Escorts, Okhla, on May 12, 2026. The upgraded facility has been designed to improve operational efficiency, support complex surgical procedures and provide a seamless experience for patients.

The inauguration took place in the presence of Dr Ashok Seth, Chairman – Cardiology; Dr Atul Mathur, Chairman – Cardiology; Dr Praveer Agarwal, Chairman – Cardiology; Dr Z. S. Meharwal, Chairman – Adult Cardiac Surgery, Heart Transplantation and VAD Program; Dr Ritwick Raj Bhuyan, Director – Cardiothoracic Vascular Surgery; Dr Bishnu Panigrahi, Group Head – Medical Strategy and Operations; Mr Anil Vinayak, Group Chief Operating Officer; Dr Vikram Aggarwal, Vice President & Facility Director; Dr Anita Arora – DMO & Group Head-Infection Prevention & Control and Dr Amrita Gupta, Medical Director, along with other team members.

Fortis Hospital Yeshwanthpur Strengthens Advanced Diagnostic Capabilities with Launch of Advanced Bronchoscopy Suite & Endoscopy Suite



Fortis Hospital Yeshwanthpur inaugurated its Advanced Bronchoscopy Suite and Advanced Endoscopy Suite on May 18, 2026, marking a significant milestone in strengthening its diagnostic and therapeutic capabilities in Pulmonology and Gastroenterology. Equipped with state-of-the-art technologies, the newly launched suites are designed to support precision-led interventions, enabling early diagnosis, minimally invasive procedures and improved clinical outcomes.

The launch reflects Fortis Hospital Yeshwanthpur's continued commitment to delivering patient-centric, technology-enabled healthcare by expanding access to advanced diagnostic and interventional services. The state-of-the-art suites will enhance the hospital's ability to provide comprehensive care for patients with complex respiratory and gastrointestinal conditions, while supporting greater clinical precision, improved safety and faster recovery.

The inauguration witnessed the presence of senior clinicians, hospital leadership and staff members, reaffirming Fortis Hospital Yeshwanthpur's commitment to advancing excellence in clinical care through innovation and cutting-edge technology.

Fortis Hospital Yeshwanthpur Enhances Patient Experience and Cardiac Care with Launch of New OPD Wing & Advanced Cath Lab



Fortis Hospital Yeshwanthpur inaugurated its New OPD Wing and Advanced Cath Lab on April 19, 2026, reinforcing its commitment to delivering seamless patient care, advanced cardiac services and enhanced operational efficiency.

The newly launched OPD Wing has been designed to provide a streamlined and patient-centric outpatient experience, offering improved accessibility, greater convenience and optimized clinical workflows. Complementing this expansion, the state-of-the-art Cath Lab strengthens the hospital's capabilities in the diagnosis and treatment of complex cardiovascular conditions through advanced imaging, minimally invasive procedures and precision-guided cardiac interventions.

The addition of these facilities reflects Fortis Hospital Yeshwanthpur's continued focus on investing in advanced infrastructure and technology to deliver high-quality, integrated healthcare while enhancing patient outcomes and experience.

The inauguration was attended by senior clinicians, hospital leadership and staff members, marking another significant milestone in the hospital's journey towards advancing excellence in patient care.

Fortis Hospital Yeshwanthpur Strengthens Surgical and Critical Care Services with Launch of Operation Theatre Complex & Adult Intensive Care Unit



Fortis Hospital Yeshwanthpur inaugurated its Operation Theatre Complex and Adult Intensive Care Unit (AICU) on June 10, 2026, marking a significant milestone in strengthening its surgical excellence, critical care capabilities and commitment to patient-centric healthcare.

The newly inaugurated Operation Theatre Complex is equipped with advanced surgical infrastructure to support a wide spectrum of complex procedures across specialties, enabling greater precision, enhanced patient safety and improved clinical outcomes. Complementing this, the Adult Intensive Care Unit (AICU) has been designed to provide comprehensive, round-the-clock critical care for patients requiring advanced monitoring and multidisciplinary management.

The addition of these state-of-the-art facilities reflects Fortis Hospital Yeshwanthpur's continued investment in advanced infrastructure, technology and clinical excellence, further strengthening its ability to deliver integrated, high-quality care across the entire patient journey—from surgery to recovery and critical care.

The inauguration was attended by senior clinicians, hospital leadership and staff members, marking another important milestone in the hospital's journey towards advancing excellence in patient care.

Clinical Excellence

Rare Cardiac Milestone: Two Brothers Receive Heart Transplants 11 Years Apart at Fortis Escorts, New Delhi



Doctors at Fortis Escorts Heart Institute, Okhla, New Delhi, have achieved a remarkable milestone in advanced cardiac care by successfully performing lifesaving heart transplants on two brothers from the same family, 11 years apart. Both patients were diagnosed with advanced Dilated Cardiomyopathy, a progressive heart muscle disorder that can lead to severe heart failure and require heart transplantation as the only definitive treatment.

The elder sibling underwent a heart transplant in 2015 following progressive deterioration despite optimal medical management. More than a decade later, his younger brother was diagnosed with

the same condition and successfully underwent a heart transplant on April 9, 2026 at Fortis Escorts Heart Institute, Okhla. Both the complex procedures were led by Dr Z. S. Meharwal, Chairman & Head – Adult Cardiac Surgery, Heart Transplantation and VAD Program, and Dr Vishal Rastogi, Director – Interventional Cardiology & Advanced Heart Failure Programme, with support from the multidisciplinary Cardiac Sciences team.

51-Year-Old Man with Rare Life-Threatening Pancreatic Condition Treated Through Robotic Surgery at Fortis Vasant Kunj



A multi-disciplinary team of doctors led by Dr Neeraj Chaudhary, Senior Director & Head, GI Surgery, GI Oncology & Robotics at Fortis Hospital Vasant Kunj treated a 51-year-old man suffering from Walled-Off Pancreatic Necrosis (WOPN), a rare and potentially life-threatening complication of acute pancreatitis, through an advanced robotic pancreatic necrosectomy.

The patient was admitted with recurrent abdominal pain, persistent fever, inability to tolerate solid food and significant weight loss of 12 kgs over two months. Investigations revealed a large infected WOPN collection measuring 6 cm × 6 cm. Dr Chaudhary and his team performed a five-hour robotic procedure on May 17, 2026, to remove diseased tissue and drain nearly 450 ml of infected fluid and pus. The patient recovered steadily thereafter and was discharged five days later.

Onco Team at Fortis Escorts, Okhla, New Delhi, Removes Massive 14.5 kg Abdominal Tumour



A team of Oncosurgeons at Fortis Escorts, Okhla, New Delhi, led by Dr Archit Pandit, Director – Surgical Oncology and including Dr Kushal Bairoliya, Consultant – GI Surgical Oncology and Dr Vineet Goel, Consultant – Surgical Oncology, conducted a 10-hour surgery on April 16, 2026, to remove a rare cancerous tumour (abdominal sarcoma) weighing 14.5 kg from the stomach of a 55-year-old female patient. This is one of the largest and most complex abdominal tumours reported in the country.

The tumour occupied a significant portion of the abdominal cavity of the patient, a nurse by profession, displacing vital organs and completely encasing the left kidney. As the tumour was not responsive to chemo or radiation therapy, surgery remained the only treatment option. Meticulous planning and seamless multidisciplinary collaboration enabled the doctors to remove the massive tumour. The patient recovered swiftly and was discharged on April 22.

Special Feature

Global Oncology Leaders Converge in India to Redefine the Future of Cancer Care at Fortis Cancer Summit 2026



In a defining moment for global oncology collaboration, the Fortis Cancer Institute hosted the Fortis Cancer Summit 2026, a landmark international conference on May 2-3, 2026, in New Delhi, bringing together leading minds in oncology along with cancer research experts from India and across the world, to collectively shape the future of cancer care.

The summit brought together over 50 Premier Cancer Centers across India, along with over 550 National Faculty and more than 110 International faculty representing 30 countries, creating one of the most influential global platforms for oncology dialogue and exchange of best practices. With participation from over 1,200 Delegates and 120 oncology students, the national capital turned into a Global Oncology Village fostering scientific exchange, innovation and collaboration in cancer care, uniting global and Indian oncology leaders to advance borderless, future-ready cancer care.

At a time when cancer treatment guidelines vary across geographies, the conference was built around the powerful and forward-looking theme, 'Beyond Evidence-Based Oncology,' emphasising the translation of evolving evidence into real-world clinical practice. The summit featured over 25 Thematic Sessions, ranging from organ-specific oncology sessions to multidisciplinary discussions and hands-on workshops, each designed to deliver practical insights, evolving evidence, and real-world applications across cancer care.

The summit was led by Summit Chairpersons Dr Nitesh Rohatgi, Principal Director, Medical Oncology, Fortis Gurugram and Dr Ankur Bahl, Principal Director, Medical Oncology, Fortis Gurugram with Dr Suman S. Karanth Additional Director, Medical Oncology, Fortis Gurugram serving as Organising Secretary. Scientific Program Lead, Dr Vineet Govind Gupta Additional Director, Medical Oncology, Fortis Shalimar Bagh and Dr Amol Akhade Senior Consultant, Medical Oncology, Fortis Mulund played a key role in shaping the summit's scientific direction, helping bring together renowned global experts across multiple oncology disciplines, including pioneers in Proton therapy, MR-guided radiotherapy (MR Linac), radiation oncology, medical oncology, surgical oncology, hematology, pediatric hematology, gynae oncology, and genomics reinforcing the summit's focus on integrated, next-generation cancer care.

The event witnessed participation from eminent national and global experts, including Dr Boman Dhabar, Director - Medical Oncology, Fortis Mulund; Dr Niti Krishna Raizada, Principal Director - Medical and Haemato Oncology, Fortis Bengaluru; Dr G. K. Rath, one of India's most distinguished radiation oncologists; Dr Ramesh Sarin, Surgical Oncologist - Apollo Hospitals; Prof Sudeep Gupta, Director - Tata Memorial Hospital; Dr Rama Joshi, Chairman - Gynae Oncology and Robotic Surgery, Fortis Gurugram; Dr Vedant Kabra, Principal Director - Surgical Oncology, Fortis Gurugram; Dr Sandeep Vaishya, Executive Director & HOD - Neurosurgery, Fortis Gurugram; Dr Rahul Bhargava, Principal Director and Chief - Haematology, Fortis Gurugram; Dr Vineeta Goel Senior Director & HOD Radiation Oncology Fortis Shalimar Bagh and Dr Vinay Samuel Gaikwad Senior Director Surgical Oncology, Fortis Manesar

The global faculty included Dr Mary McCormack, Consultant Clinical Oncologist at University College London Hospital, United Kingdom; Prof Dr med Christian Grohé from Germany; Dr Peter Fasching from Germany; Prof Dr med. Peter R. Galle from Germany; Dr Bassim Al Bahraini, Senior Consultant, Medical Oncology, Royal Hospital, Oman and Vice Chairman, Treatment Abroad, MOH, Oman; Iliya Karniliyus Salu, Chief Medical Director, Trust Charitos Hospital Abuja, Nigeria; and Asamutdinov Jaloliddin, Director, State Institution, Center for Licensing and Accreditation of Medical Organizations, Uzbekistan — amongst others, thus bringing together diverse global expertise to enrich clinical dialogue and collaboration.







Innovative Ideas for Next-Gen Healthcare Presented at IHH Catalyst – Fortis India Edition 2026



The IHH Catalyst - Fortis India Edition 2026 came to a conclusion with the announcement of winners of the Incubator Program at the Grand Finale held in Gurugram on July 2, 2026.

Following a rigorous evaluation and mentoring six-month journey, 10 shortlisted finalists presented their innovations at the Grand Finale before an esteemed jury, comprising Dr A. Raghuvanshi, MD & CEO, Fortis Healthcare; Mr Ashok Pandit, Group Chief Corporate Officer – IHH Healthcare; Mr Mayur Sirdesai, Founder Somerset Indus Capital Partners; Mr Ravi Kishore, DGM – SIDBI; Mr Anil Vinayak – GCOO, Fortis Healthcare, Ms Elizabeth Han- Group Innovation & Transformation Head – IHH Healthcare.

The winners were:

1. Winner – **eNext ICU**: 24x7 Tele-ICU platform that addresses the shortage of intensivists, particularly in Tier 2 and Tier 3 cities. Enables remote monitoring.
2. First Runner-Up – **RNT Health Insights**: Provides real-time clinical decision support to improve diagnostic accuracy and standardize reporting.
3. Second Runner-Up – **Cartogene Therapeutics**: Focused on making CAR-T cell therapy more accessible and affordable for patients with blood cancers in India.

The Catalyst program, launched on January 10, aims to promote healthcare innovation and support to promising health-tech and med-tech startups with and access to the Fortis and IHH ecosystem. The program received over 195 applications from across India in five focus areas: Oncology, Preventive Health, Multidisciplinary Care, Chronic Disease Management, and Patient Workflows. Shortlisted startups collaborated closely with Fortis clinicians and experts to strengthen and refine their solutions.

The winners will now visit Singapore to tour IHH hospitals, engage with senior leaders and experience the IHH healthcare and Innovation ecosystem.

The event also featured a panel discussion on 'Building Healthcare Companies That Last,' moderated by Dr Ritu Garg, Chief Growth & Innovation Officer, where industry leaders, Dr Om Manchanda, Ex MD, Dr Lal Path Labs; Mr Sunil Thakur, Partner and IC Member - Quadria Capital & Mr Prashant Tandon, Founder - Tata 1mg, shared perspectives on building sustainable and resilient healthcare businesses.

Updates from Gleneagles India (Fortis Network Hospitals)

NEW LAUNCHES

Gleneagles Hospital, Lakdi-Ka-Pul Launches Advanced Labour Suite



Gleneagles Hospital, Lakdi-Ka-Pul, Hyderabad, a part of the Fortis Healthcare Network, has strengthened its commitment to women's healthcare with the launch of a state-of-the-art Advanced Labour Suite. The facility was inaugurated by Ms Swati Lakra, IPS, Director General of Police (Organisation & Home Guards).

Designed to deliver safe, seamless and compassionate maternity care, the new suite features modern Labour, Delivery and Recovery (LDR) rooms, advanced fetal monitoring systems, painless delivery options, dedicated neonatal support for premature and high-risk infants, and 24x7 access to experienced obstetricians and neonatal specialists.

Gleneagles Hospital Chennai Launches Advanced Hyperbaric Oxygen Therapy Centre



Gleneagles Hospital, Chennai, has strengthened its advanced wound care services with the launch of a Hyperbaric Oxygen Therapy (HBOT) Centre at its Sholinganallur facility. The centre was inaugurated by Dr Vijay Viswanathan, Head & Chief Physician, MV Diabetes, in the presence of senior leaders and clinicians from Gleneagles Hospitals and Fortis Healthcare.

Led by Dr Selva Seetharaman S, Director & Senior Consultant, Institute of Plastic, Aesthetic, Burns & Hand Transplant, the HBOT Centre is equipped with the state-of-the-art Oxyeco MO-395 AUTO chamber and offers advanced treatment for chronic and non-healing wounds, including diabetic foot ulcers, burns, radiation injuries and selected severe infections. Hyperbaric Oxygen Therapy delivers 100% oxygen under increased atmospheric pressure to enhance healing, improve tissue oxygenation and support recovery in complex wound conditions.

CLINICAL EXCELLENCE

Timely Intervention Saves Young Mother During a Critical Obstetric Emergency

Young Mother Saved from Life-Threatening Childbirth Complications at Bengaluru Hospital

Bengaluru (City Times): Doctors at Gleneagles BGS Hospital, Kengeri, successfully saved the life of a 29-year-old woman who developed severe postpartum hemorrhage (PPH), a critical condition involving excessive bleeding after childbirth. The woman, with a previous cesarean history, was admitted at 34 weeks of pregnancy with heavy vaginal bleeding. An emergency ultrasound revealed intrauterine fetal demise, prompting doctors



rare condition known as Couvelaire uterus caused by severe placental abruption. The patient subsequently developed

an emergency hysterectomy after consulting the family through a video call, as her husband was abroad. Dr. Sowmya Sangamesh, Consultant - Obstetrics & Gynaecology, said timely diagnosis, rapid decision-making, availability of blood products and coordinated efforts by multiple specialists were crucial in ensuring the patient's recovery. Ravi Bagali, COO of the hospital, said the case highlights the importance of round-the-clock emergency care.

ಗರ್ಭಿಣಿಯ ಪಾಠ ಉಳಿಸಿದ ಗೈನಿಗಲ್ಸ್ ಜೀವಿಸಾ ಅಸ್ತತ್ಯೆಯ ವೈದ್ಯರು

ಬೆಂಗಳೂರು, ಜೂನ್ 13 - ಬೆಂಗಳೂರು ನಗರದ ಕಾಂಗ್ರೆಸ್ ಹಿರಿಯ ಶಿಕ್ಷಕ, ರಾಜ್ಯದ ಮಹಿಳಾ ಸ್ವಾಸ್ಥ್ಯ ಮತ್ತು ಕುಟುಂಬ ಕಲ್ಯಾಣ ಇಲಾಖೆಯ ಸಿಬ್ಬಂದಿಯಲ್ಲಿರುವ ಡಾ. ಸೋಮ್ಯಾ ಸಂಗಮೇಶ್, ಒಬ್ಬ 29-ವರ್ಷದ ಮಹಿಳೆಯರನ್ನು ಸಂರಕ್ಷಿಸಿದರು. ಈ ಮಹಿಳೆಯು 34-ವಾರದ ಗರ್ಭಿಣಿಯಾಗಿದ್ದಾಗ, ಅವಳು ತೀವ್ರ ರಕ್ತಸ್ರವವನ್ನು ಅನುಭವಿಸಿದಳು. ಉದ್ದೇಶಪೂರ್ವಕವಾಗಿ ಮಾಡಿದ ಉಲ್ಟಾ ಕೆಲಸದ ನಂತರ, ಡಾ. ಸೋಮ್ಯಾ ಅವರು ಒಂದು ವಿರಳ ಮತ್ತು ಜೀವನ-ಪ್ರಭಾವಕಾರಿ ಸ್ಥಿತಿಯನ್ನು ಗುರುತಿಸಿದರು, ಇದು ತಕ್ಷಣವೇ ಚಿಕಿತ್ಸೆಯನ್ನು ಅಗತ್ಯಪಡಿಸಿತು. ಡಾ. ಸೋಮ್ಯಾ ಅವರು ತಕ್ಷಣವೇ ಹೆಸ್ಟೋಟಮಿ ಮಾಡಿದರು, ಇದು ರಕ್ತಸ್ರವವನ್ನು ನಿಲ್ಲಿಸಿತು ಮತ್ತು ಮಹಿಳೆಯ ಜೀವನವನ್ನು ಉಳಿಸಿತು. ಈ ಪ್ರಕ್ರಿಯೆಯು ಹೆಚ್ಚು ಸಮಯವನ್ನು ತೆಗೆದುಕೊಂಡಿತು, ಆದರೆ ಡಾ. ಸೋಮ್ಯಾ ಅವರು ತಮ್ಮ ತಂಡದೊಂದಿಗೆ ಸಹಕರಿಸಿದರು, ಇದು ಮಹಿಳೆಯನ್ನು ಉಳಿಸಿತು. ಡಾ. ಸೋಮ್ಯಾ ಅವರು ತಮ್ಮ ಕೆಲಸವನ್ನು ಮುಂದುವರಿಸುತ್ತಿದ್ದಾರೆ ಮತ್ತು ತಮ್ಮ ಕೆಲಸವನ್ನು ಮುಂದುವರಿಸುತ್ತಿದ್ದಾರೆ.



Doctors at Gleneagles BGS Hospital, Kengeri, successfully saved the life of a 29-year-old woman who developed severe postpartum haemorrhage (PPH), a life-threatening complication caused by excessive bleeding after childbirth.

Admitted at 34 weeks of pregnancy in critical condition with heavy bleeding, the patient underwent an emergency caesarean section after investigations revealed an intrauterine fetal demise. During surgery, the medical team identified a rare Couvelaire uterus caused by severe placental abruption, leading to uncontrolled haemorrhage. Despite intensive efforts to control the bleeding, an emergency hysterectomy was performed to save her life.

Following surgery, the patient received advanced critical care, including ventilatory support and multiple blood transfusions. Thanks to the prompt intervention and coordinated efforts of the multidisciplinary team led by Dr Sowmya Sangamesh, Consultant - Obstetrics & Gynaecology, she made a steady recovery and was discharged in a stable condition.

Timely Intervention Helps Young Girl Overcome a Rare Neurological and Spinal Disorder

ಗೈನಿಗಲ್ಸ್ ಜೀವಿಸಾ ಅಸ್ತತ್ಯೆಯ ಸಕಾಲಿಕ ಚಿಕಿತ್ಸೆಯಿಂದ 10 ವರ್ಷದ ಬಾಲಕಿಗೆ ಕಾಣಿಸಿಕೊಂಡಿದ್ದ ಅಪರೂಪದ ನರರೋಗ ಮತ್ತು ಬೆನ್ನುಮೂಳೆಯ ಅಸ್ತತ್ಯೆಯ ನಿವಾರಣೆ

ಬೆಂಗಳೂರು, ಜೂನ್ 13 - ಬೆಂಗಳೂರು ನಗರದ ಕಾಂಗ್ರೆಸ್ ಹಿರಿಯ ಶಿಕ್ಷಕ, ರಾಜ್ಯದ ಮಹಿಳಾ ಸ್ವಾಸ್ಥ್ಯ ಮತ್ತು ಕುಟುಂಬ ಕಲ್ಯಾಣ ಇಲಾಖೆಯ ಸಿಬ್ಬಂದಿಯಲ್ಲಿರುವ ಡಾ. ನವೇನ್ ಮಂಡ್ಯಾ ಅಪ್ಪಾಜಿಗೌಡ, ಒಬ್ಬ 10-ವರ್ಷದ ಮಹಿಳೆಯನ್ನು ಸಂರಕ್ಷಿಸಿದರು. ಈ ಮಹಿಳೆಯು 10-ವರ್ಷದ ವಯಸ್ಸಿನಿಂದಲೇ ತನ್ನ ಬೆನ್ನಿನಲ್ಲಿ ತೀವ್ರ ನೋವು ಮತ್ತು ದುರ್ಬಲತೆಯನ್ನು ಅನುಭವಿಸುತ್ತಿದ್ದಳು. ಡಾ. ನವೇನ್ ಅವರು ಈ ಮಹಿಳೆಯನ್ನು ತಮ್ಮ ಕ್ಷೇತ್ರದಲ್ಲಿ ಸೇರಿಸಿದರು ಮತ್ತು ಅವಳು ತನ್ನ ಬೆನ್ನಿನಲ್ಲಿ ತೀವ್ರ ನೋವು ಮತ್ತು ದುರ್ಬಲತೆಯನ್ನು ಅನುಭವಿಸುತ್ತಿದ್ದಳು ಎಂದು ಗುರುತಿಸಿದರು. ಡಾ. ನವೇನ್ ಅವರು ತಕ್ಷಣವೇ ಚಿಕಿತ್ಸೆಯನ್ನು ಪ್ರಾರಂಭಿಸಿದರು, ಇದು ಮಹಿಳೆಯ ಜೀವನವನ್ನು ಉಳಿಸಿತು.

ಡಾ. ನವೇನ್ ಅವರು ತಕ್ಷಣವೇ ಚಿಕಿತ್ಸೆಯನ್ನು ಪ್ರಾರಂಭಿಸಿದರು, ಇದು ಮಹಿಳೆಯ ಜೀವನವನ್ನು ಉಳಿಸಿತು. ಡಾ. ನವೇನ್ ಅವರು ತಕ್ಷಣವೇ ಚಿಕಿತ್ಸೆಯನ್ನು ಪ್ರಾರಂಭಿಸಿದರು, ಇದು ಮಹಿಳೆಯ ಜೀವನವನ್ನು ಉಳಿಸಿತು. ಡಾ. ನವೇನ್ ಅವರು ತಕ್ಷಣವೇ ಚಿಕಿತ್ಸೆಯನ್ನು ಪ್ರಾರಂಭಿಸಿದರು, ಇದು ಮಹಿಳೆಯ ಜೀವನವನ್ನು ಉಳಿಸಿತು.

ಡಾ. ನವೇನ್ ಅವರು ತಕ್ಷಣವೇ ಚಿಕಿತ್ಸೆಯನ್ನು ಪ್ರಾರಂಭಿಸಿದರು, ಇದು ಮಹಿಳೆಯ ಜೀವನವನ್ನು ಉಳಿಸಿತು. ಡಾ. ನವೇನ್ ಅವರು ತಕ್ಷಣವೇ ಚಿಕಿತ್ಸೆಯನ್ನು ಪ್ರಾರಂಭಿಸಿದರು, ಇದು ಮಹಿಳೆಯ ಜೀವನವನ್ನು ಉಳಿಸಿತು.

ಡಾ. ನವೇನ್ ಅವರು ತಕ್ಷಣವೇ ಚಿಕಿತ್ಸೆಯನ್ನು ಪ್ರಾರಂಭಿಸಿದರು, ಇದು ಮಹಿಳೆಯ ಜೀವನವನ್ನು ಉಳಿಸಿತು. ಡಾ. ನವೇನ್ ಅವರು ತಕ್ಷಣವೇ ಚಿಕಿತ್ಸೆಯನ್ನು ಪ್ರಾರಂಭಿಸಿದರು, ಇದು ಮಹಿಳೆಯ ಜೀವನವನ್ನು ಉಳಿಸಿತು.

ಗೈನಿಗಲ್ಸ್ ಜೀವಿಸಾ ಅಸ್ತತ್ಯೆಯ ಸಕಾಲಿಕ ಚಿಕಿತ್ಸೆಯಿಂದ 10 ವರ್ಷದ ಬಾಲಕಿಗೆ ಕಾಣಿಸಿಕೊಂಡಿದ್ದ ಅಪರೂಪದ ನರರೋಗ ಮತ್ತು ಬೆನ್ನುಮೂಳೆಯ ಅಸ್ತತ್ಯೆಯ ನಿವಾರಣೆ

ಬೆಂಗಳೂರು, ಜೂನ್ 13 - ಬೆಂಗಳೂರು ನಗರದ ಕಾಂಗ್ರೆಸ್ ಹಿರಿಯ ಶಿಕ್ಷಕ, ರಾಜ್ಯದ ಮಹಿಳಾ ಸ್ವಾಸ್ಥ್ಯ ಮತ್ತು ಕುಟುಂಬ ಕಲ್ಯಾಣ ಇಲಾಖೆಯ ಸಿಬ್ಬಂದಿಯಲ್ಲಿರುವ ಡಾ. ನವೇನ್ ಮಂಡ್ಯಾ ಅಪ್ಪಾಜಿಗೌಡ, ಒಬ್ಬ 10-ವರ್ಷದ ಮಹಿಳೆಯನ್ನು ಸಂರಕ್ಷಿಸಿದರು. ಈ ಮಹಿಳೆಯು 10-ವರ್ಷದ ವಯಸ್ಸಿನಿಂದಲೇ ತನ್ನ ಬೆನ್ನಿನಲ್ಲಿ ತೀವ್ರ ನೋವು ಮತ್ತು ದುರ್ಬಲತೆಯನ್ನು ಅನುಭವಿಸುತ್ತಿದ್ದಳು. ಡಾ. ನವೇನ್ ಅವರು ಈ ಮಹಿಳೆಯನ್ನು ತಮ್ಮ ಕ್ಷೇತ್ರದಲ್ಲಿ ಸೇರಿಸಿದರು ಮತ್ತು ಅವಳು ತನ್ನ ಬೆನ್ನಿನಲ್ಲಿ ತೀವ್ರ ನೋವು ಮತ್ತು ದುರ್ಬಲತೆಯನ್ನು ಅನುಭವಿಸುತ್ತಿದ್ದಳು ಎಂದು ಗುರುತಿಸಿದರು. ಡಾ. ನವೇನ್ ಅವರು ತಕ್ಷಣವೇ ಚಿಕಿತ್ಸೆಯನ್ನು ಪ್ರಾರಂಭಿಸಿದರು, ಇದು ಮಹಿಳೆಯ ಜೀವನವನ್ನು ಉಳಿಸಿತು.

ಡಾ. ನವೇನ್ ಅವರು ತಕ್ಷಣವೇ ಚಿಕಿತ್ಸೆಯನ್ನು ಪ್ರಾರಂಭಿಸಿದರು, ಇದು ಮಹಿಳೆಯ ಜೀವನವನ್ನು ಉಳಿಸಿತು. ಡಾ. ನವೇನ್ ಅವರು ತಕ್ಷಣವೇ ಚಿಕಿತ್ಸೆಯನ್ನು ಪ್ರಾರಂಭಿಸಿದರು, ಇದು ಮಹಿಳೆಯ ಜೀವನವನ್ನು ಉಳಿಸಿತು.

ಡಾ. ನವೇನ್ ಅವರು ತಕ್ಷಣವೇ ಚಿಕಿತ್ಸೆಯನ್ನು ಪ್ರಾರಂಭಿಸಿದರು, ಇದು ಮಹಿಳೆಯ ಜೀವನವನ್ನು ಉಳಿಸಿತು. ಡಾ. ನವೇನ್ ಅವರು ತಕ್ಷಣವೇ ಚಿಕಿತ್ಸೆಯನ್ನು ಪ್ರಾರಂಭಿಸಿದರು, ಇದು ಮಹಿಳೆಯ ಜೀವನವನ್ನು ಉಳಿಸಿತು.

Doctors at Gleneagles BGS Hospital, Kengeri, successfully treated a 10-year-old girl diagnosed with a rare combination of Arnold Chiari Malformation, Syringomyelia and severe scoliosis, restoring her mobility and significantly improving her quality of life.

The child initially presented with a spinal curvature, weakness in both hands and reduced sensation to temperature. Detailed imaging revealed the rare neurological condition, prompting the multidisciplinary team led by Dr Naveen Mandya Appajigowda, HOD & Senior Consultant - Minimal Access Brain and Spine Surgery, along with Dr Keshav G.C. and Dr Sridhar G., to adopt a carefully planned staged treatment approach.

The first surgery relieved pressure at the base of the skull to address the neurological condition. After close follow-up, the patient later underwent a complex 10-hour spinal correction surgery with advanced neuromonitoring as her spinal deformity progressed. Following the successful procedure, she regained the ability to walk independently and was discharged within two and a half days.

Rare 3D-Printed Hip Reconstruction Restores Mobility for International Patient

Doctors at Gleneagles BGS Hospital, Kengeri, successfully performed a rare and highly complex customised 3D-printed hip reconstruction surgery on a 32-year-old patient from Malawi, restoring his mobility after years of pain caused by a neglected hip dislocation.

Led by Dr Basavaraj C. M., Senior Consultant – Orthopaedics, the multidisciplinary team treated the patient, who had been living with severe pain, difficulty walking and significant shortening of the affected leg following a road traffic accident three years earlier. Detailed evaluation revealed extensive bone loss around the hip socket, making conventional reconstruction extremely challenging.

Using advanced 3D-printing technology, the team designed a patient-specific titanium implant based on high-resolution CT imaging and a prototype 3D model, enabling precise surgical planning and accurate reconstruction. The customised implant restored hip stability, improved limb length and helped the patient regain mobility, with significant improvement in pain and walking ability within two weeks of surgery.

EVENTS

Gleneagles Hospital Hosts GlenOncon 2026 to Advance Head & Neck Cancer Care



Gleneagles Hospital, Chennai, successfully hosted GlenOncon 2026, a national conference dedicated to advancing the diagnosis, treatment and rehabilitation of head and neck cancers. The event brought together leading oncologists, surgeons and radiation specialists from India and abroad to discuss the latest developments in multidisciplinary cancer care.

The conference featured expert sessions on thyroid and nasopharyngeal cancers, skull base surgery, robotic-assisted procedures, microvascular flap reconstruction, precision medicine, immunotherapy and advanced radiation techniques. It also included panel discussions, live surgical video demonstrations and research presentations by postgraduate students and consultants.

Organised in collaboration with leading national medical associations, GlenOncon 2026 served as a platform for knowledge exchange and clinical collaboration. Emphasising the importance of early diagnosis and multidisciplinary treatment, the conference reinforced Gleneagles Hospitals' commitment to advancing cancer care through innovation, education and clinical excellence.

Updates from Agilus Diagnostics

NEW LAUNCHES

Agilus Diagnostics Launches Idylla System to Deliver Cancer Mutation Results in Just 3 Hours



Agilus Diagnostics launched the automated Idylla molecular diagnostics system at its Goregaon laboratory in Mumbai on June 9, 2026, enabling rapid detection of cancer-related genetic mutations within 2.5 to 3 hours. The launch marks a significant advancement in accelerating clinical decision-making and expanding access to precision oncology in India.

The Idylla system is a fully integrated, cartridge-based molecular testing platform that combines sample processing, nucleic acid extraction, amplification and detection into a single automated workflow. By minimizing manual intervention and pre-analytical variability, the system delivers highly accurate and reproducible results in a significantly shorter timeframe compared to conventional molecular testing methods, which can take several days. This capability is particularly critical in oncology, where timely identification of actionable biomarkers plays a decisive role in guiding targeted therapies.

AWARDS

Agilus Diagnostics Named the 'Diagnostic Centre of the Year – Standalone'



Agilus Diagnostics received the 'Diagnostic Centre of the Year – Standalone' award from ASSOCHAM (The Associated Chambers of Commerce and Industry of India) at the Annual Excellence Awards 2026, held in Kolkata. The recognition reflects the organisation's unwavering commitment to excellence and continued efforts to deliver high-quality diagnostic services while contributing meaningfully to the healthcare ecosystem.

Agilus Diagnostics Wins Best Healthcare Brands 2026 at the ET Edge Best Healthcare Brands Summit & Awards



Mr Madhav Maharaj, Head- Corporate Communications, PR & CSR with the award

Agilus Diagnostics was recognised as one of the 'Best Healthcare Brands 2026' by ET Edge - The Times Group at the Best Healthcare Brands Summit & Awards 2026 held in Mumbai. This recognition reflects the unwavering commitment to quality, innovation and delivering trusted diagnostic solutions that positively impact patient care.

Agilus Team Wins IHH Laboratories D.N.A. Award



Dr Ankita Bhadri, Dr Jayesh C.P., and Dr Rupa Chandrakant Dalvi from Agilus Diagnostics were recognised as winners of the prestigious 2026 IHH Labs D.N.A. Award for their outstanding contributions and commitment to excellence.

This year's programme introduced the inaugural IHH Labs D.N.A. Excellence in Practice session. Led by 2025 D.N.A. Award winner Neoh Yee Lay, together with Premier Integrated Labs (Malaysia) subject

matter experts Sayyidi Hamzi Abdul Raub, Fong Si Wei and Chan Pei Zhi, the interactive case study session gave D.N.A. Award winners the opportunity to exchange ideas, share best practices and learn from one another's experiences. It reflected the spirit of collaboration and continuous learning that the D.N.A. Award seeks to foster across the organisation.

Dr Kunal Sharma of Agilus Diagnostics Featured in 'The Pathologist'



Dr Kunal Sharma, Vice President & Head – Integrated Onco-Pathology and Lead – Digital Pathology & AI Initiatives at Agilus Diagnostics, has been featured in The Pathologist, the world's most respected and influential publications in pathology and laboratory medicine.

In this exclusive interview with Helen Bristow, Dr Sharma shares his perspectives on India's growing influence in the global diagnostics landscape and how innovation, precision, and patient-centricity are shaping the future of healthcare.

The conversation explores the unique opportunities and challenges of delivering advanced diagnostics at scale, and highlights how technologies such as digital pathology, genomics, AI, and precision diagnostics are being adopted through scientifically robust and economically sustainable models. It also underscores the critical role of operational excellence in making cutting-edge testing more accessible to patients while maintaining the highest standards of quality and clinical accuracy.

Milestones

Fortis Mohali Celebrates 25 Years of Clinical Excellence, Innovation and Patient-Centered Care



Fortis Hospital Mohali, the very first hospital of the Fortis Network and one of North India's leading multi-speciality healthcare institutions, celebrated its Silver Jubilee on June 28, 2026, marking 25 years of clinical excellence, innovation and patient-centred care. The Silver Jubilee celebrations brought together doctors, nurses, employees, and senior leadership of Fortis Healthcare to commemorate the institution's remarkable journey and recognise the contributions of healthcare professionals who have shaped its legacy over the years. Olympic Gold Medalist, Padma Bhushan and Arjuna Awardee, Mr Abhinav Bindra, graced the occasion as the Chief Guest.

A special felicitation ceremony was organised to honour employees who have completed 25 years of service with the institution, recognising their dedication, commitment, and contribution to the hospital's growth. Doctors and the nursing staff also participated in cultural activities, including Ganesh Vandana, Bhangra, skits, dance, and singing performances. The celebrations commenced with a ceremonial lamp-lighting led by Dr Ashutosh Raghuvanshi, MD & CEO; Mr Anil Vinayak, GCOO; Mr Ashish Bhatia, EVP & Business Head - Punjab; Dr Ritu Garg, Chief Growth & Innovation Officer; Ms Richa Singh Debgupta, EVP, Chief of Strategy & Operations; Dr Bishnu Panigrahi, Group Head – Medical Strategy & Operations; Mr Vivek Kumar Goyal, Chief Financial Officer; Mr Ranjan Pandey, CHRO; Mr Ajey Maharaj, Head - PR & Corporate Communications; and Mr Abhijit Singh, Head - SBU, Fortis Hospital Mohali.

Fortis Hospital, Vasant Kunj, Marks 20 Years of Trusted Care



Fortis Hospital, Vasant Kunj, celebrated two decades of clinical excellence and committed care for the community on May 10, 2026. To commemorate the milestone, the hospital organised a series of impactful initiatives focusing on health awareness, preventive care and emergency preparedness.



The celebrations included multiple awareness programs, community health camps and public awareness campaigns centred around emergency care and timely medical intervention. A special Mega Multispecialty Health Screening

Camp was also organised in-house alongside a spiritual gathering of Kirtan Darbar and Guru Ka Langar Parshad, bringing together healthcare, wellness, and community service under one platform.

Bone Marrow Transplant Team at Fortis Gurugram Celebrates 2,500+ Procedures



The Bone Marrow Transplant Team at Fortis Hospital, Gurugram, under the leadership of Dr Rahul Bhargava, Principal Director & Chief - Hematology, Hemato Oncology & Bone Marrow Transplant and Dr Vikas Dua, Principal Director & Head - Pediatric Hematology, Hemato Oncology & Bone Marrow Transplant, has completed over 2,500+ successful procedures. A celebration was held at the hospital on June 24, 2026, to commemorate the milestone. Healthcare professionals and participants from 35+ countries were present on the occasion, reaffirming the global trust that patients and medical communities place in Fortis for advanced bone marrow transplantation and comprehensive blood cancer care.

During the event, Dr Rahul Bhargava and Dr Vikas Dua shared the inspiring journey and highlighted the contributions of the dedicated multidisciplinary BMT team. They also showcased the latest advancements in bone marrow transplantation and blood cancer treatment.

Allergy Clinic at Fortis Anandapur Strengthens Pulmonology Care; Treats 50 Patients Successfully



On May 29, 2026, Fortis Hospital Anandapur marked a significant milestone as its Allergy Clinic successfully treated 50 patients since its launch in November 2025. It is the first dedicated Allergy Clinic across the Fortis Group. The clinic functions under the Department of Pulmonary Medicine, led by Dr Sushmita Roychowdhury, Director & Head – Pulmonology, with Dr Subhajit Sen, Consultant – Pulmonology, overseeing the clinic services.

The clinic offers comprehensive allergy diagnostics and advanced treatment for both respiratory and non-respiratory allergic conditions. Diagnostic services include Skin Prick Test, Spirometry, Fractional Exhaled Nitric Oxide (FeNO), Component Resolved Diagnostics and more. The clinic also provides advanced therapies, including Allergen Immunotherapy and Sublingual Allergen Immunotherapy, introduced in March 2026. Fortis, Anandapur plans to further expand the clinic with Drug Challenge Tests and various Provocation Tests, reinforcing its commitment to advanced pulmonology and allergy care.

First Bone Marrow Transplant at Fortis Faridabad: 69-Year-Old Blood Cancer Patient Undergoes Procedure



In a significant medical achievement, doctors at Fortis Escorts Hospital, Faridabad, have successfully performed a bone marrow transplant on a 69-year-old man diagnosed with Multiple Myeloma, a rare form of blood cancer. This is the first such procedure at Fortis Faridabad. A team of doctors led by Dr Siddharth Shanker Sood, Senior Consultant - Medical Oncology, managed the highly complex case with a carefully planned treatment strategy, leading to a successful bone marrow transplant and significantly improved prognosis.

Fortis Greater Noida Performs Advanced Renal Denervation for Resistant Hypertension Patients



Doctors at Fortis Hospital Greater Noida have successfully treated an 80-year-old patient with a critical and life-threatening heart valve condition, complicated by extensive calcium build-up in the aortic valve and major blood vessels, through a minimally invasive Transcatheter Aortic Valve Replacement (TAVR).

The highly complex procedure, among the first in the Greater Noida region using advanced valve technology, was conducted on April 23, 2026, and led by Dr Shantanu Singhal, Consultant - Cardiology, along with Dr Dheeraj Sharma, Senior Consultant - CVTS Surgery. Despite the patient's advanced age, multiple chronic conditions, and severe calcification, the valve was successfully replaced in approximately one hour. The patient showed rapid recovery, remained stable after the procedure, and was discharged within two days without any major complications.

Events

Fortis Gurugram Hosts 'From Diagnosis to Cure' Under the End Thalassemia 2035 Mission



On May 10, 2026, Fortis Gurugram hosted 'From Diagnosis to Cure' under its ongoing 'End Thalassemia 2035 Mission', focused on advancing awareness around the curability of Thalassemia and the transformative impact of modern treatment approaches. Organised under the guidance of Dr Vikas Dua, Principal Director - Pediatric Hematology Oncology & Bone Marrow Transplantation, the initiative highlighted evolving treatment pathways that are helping transform Thalassemia from a lifelong blood disorder into a potentially curable condition for many children.

The event was supported by Bollywood actor Vindu Dara Singh and Sports Anchor Shefali Bagga, who joined the initiative to amplify conversations around Thalassemia care and hope beyond lifelong disease management. The programme featured a powerful Thalassemia awareness skit presented by doctors and staff of Fortis Gurugram, and was followed by a heartwarming talent showcase by young BMT warriors, celebrating journeys of resilience, recovery and renewed hope.

The event was graced by the presence of Mr Anil Vinayak, Group Chief Operating Officer, Fortis Healthcare; Dr Ritu Garg, Chief Growth & Innovation Officer, Fortis Healthcare; and Mr Yash Rawat, Senior VP & SBU Head, Fortis Memorial Research Institute, Gurugram.

Fortis Escorts Hospital Faridabad Celebrates Mother's Day with 'Wheels of Grace'



Fortis Escorts Hospital, Faridabad, celebrated Mother's Day on May 10, 2026, with the 'Wheels of Grace Bike Rally' in association with the Harley Davidson Bike Group, promoting health, fitness, women empowerment, and community wellness.

The rally saw participation from over 60 Harley bikes and over 200 participants. The event was graced by Ms Himadri Kaushik, IPS, DCP Headquarters – Faridabad, who was the Chief Guest, along with over 100 women police officers from the Faridabad region. An energetic Zumba session added to the celebrations, encouraging active and healthy lifestyles.



FORTIS CELEBRATES WORLD HAND HYGIENE DAY

Fortis Escorts Hospital, Faridabad



World Hand Hygiene Day 2026 was observed at Fortis Escorts Hospital, Faridabad, on May 4, 2026, in alignment with the WHO theme 'Action Saves Lives.' Several activities were conducted to promote hand hygiene awareness and reinforce infection prevention practices.

An awareness session was conducted for OPD patients and their attendants. This was followed by a live hand hygiene demonstration using the VISIRUB UV assessment box. Patients and attendants participated in the activity, and prizes were distributed to encourage adherence to hand hygiene practices.

To sensitise hospital staff a quiz competition was held followed by hand hygiene performance assessment using UV-based technique. A puzzle activity based on WHO's '5 Moments for Hand Hygiene' was also conducted.

Fortis Hiranandani Hospital, Vashi



Fortis Hiranandani Hospital, Vashi, marked World Hand Hygiene Day on May 5, 2026, through engaging awareness initiatives led by the Infection Prevention Control Team, aimed at strengthening infection prevention practices and reinforcing patient safety among healthcare workers. The celebration witnessed enthusiastic participation from doctors, nurses, and hospital staff, who came together to promote the importance of proper hand hygiene compliance in clinical settings. The key highlight of the event was an interactive session conducted by Dr Farah Ingale, HICC Chairperson.

Dr Bindu Jadeja, ICO & Microbiologist, shared surveillance findings from random checks conducted to assess hand hygiene practices, with and without gloves. Random swab sampling of doctors', nurses', housekeeping staff mobile phones, medical records and files, and healthcare workers' hands was conducted to identify contamination sources. The activity emphasized the importance of proper hand hygiene and highlighted common gaps, especially failure to perform hand hygiene after patient or surrounding contact.

Adding further impact to the initiative, a creative skit titled 'Jadu ki Jhappi aur Germs ki Entry' was performed to educate participants on the '5 Moments of Hand Hygiene' and the importance of maintaining proper hygiene practices at all times. To encourage adherence and recognize exemplary compliance, the hospital awarded the 'Best Hand Hygiene Performer' to Dr Preetam Gaikwad, HOD - Emergency Medicine, thereby motivating staff members to continue maintaining high standards of infection control.

World Asthma Day Observed at Fortis Vasant Kunj



On May 5, 2026, Fortis Vasant Kunj observed World Asthma Day with an engaging and impactful session focused on breathing health and wellness. The event brought together over 70 participants for a day filled with awareness, learning, and healthy living activities. From a refreshing yoga session promoting better breathing techniques to insightful health talks and fun interactive activities, the initiative encouraged participants to take proactive steps towards respiratory wellness.

Dr Prashant Saxena, Principal Director & Head - Pulmonology, Pulmonology Critical Care and Sleep Medicine, along with Dr Nandani Gulati, Senior Consultant - Pulmonology, shared valuable insights on asthma management, prevention strategies, and practical breathing practices for a healthier lifestyle.

Fortis Hospital Gurugram Organises CME on Keratoconus for Eye Specialists Across Delhi NCR



On May 26, 2026, Fortis Eye Institute at Fortis Hospital, Gurugram organised a dedicated CME on Keratoconus, bringing together leading eye specialists from across Delhi NCR for insightful discussions and academic exchange.

Led by Dr Parul Sharma, Principal Director & Head – Fortis Eye Institute, Fortis Hospital, Gurugram, the event focused on the latest advancements and management approaches for Keratoconus.

The CME served as a collaborative platform for senior ophthalmologists and eye care experts to discuss clinical experiences, innovative treatment approaches and best practices in advanced eye care.

Fortis Hospital Bannerghatta Road, Bengaluru Hosts Inaugural Multi-Organ Transplant Workshop



On May 22, 2026, Fortis Hospitals, in collaboration with Gleneagles Hospitals, successfully conducted the Inaugural Multi-Organ Transplant Workshop at Fortis Hospital, Bannerghatta Road, Bengaluru, bringing together over 70 clinicians, transplant surgeons, coordinators, and diagnostic experts from Bengaluru, Chennai, and Hyderabad.

The workshop served as a platform for knowledge sharing and collaboration across various transplant specialties, including Heart & Lung, Kidney, Liver, Intestine & Pancreas, Hand Transplantation, and Transplant Diagnostics & Immunology. Discussions focused on

advancing multidisciplinary transplant care, standardizing clinical protocols, strengthening organ donation frameworks, and improving patient outcomes through integrated care pathways.

Fortis Hospital, Anandapur, Hosts CME & Certificate Course on Grief Counselling & Soft Skills



Fortis Hospital, Anandapur, Kolkata, successfully hosted a CME and Certificate Course on 'Grief Counselling & Soft Skills' on June 12, 2026, in collaboration with the Bengal Organ Donation Society and ORGAN India. The programme was specially designed for doctors, nurses, and transplant coordinators to enhance communication, grief counselling, and family support skills, particularly in the context of organ donation and critical care.

The event witnessed enthusiastic participation from 60 healthcare professionals, including 30 participants from Fortis Hospital, Anandapur and 30 external delegates, reflecting a strong commitment towards enhancing patient-centred care and counselling practices across the healthcare community.

The programme featured expert-led sessions focused on empathy, effective communication, patient-family engagement, and the medical, legal, and emotional aspects of counselling relatives of patients declared brain dead. Dr K.M. Mandana, CTVS Surgeon, and Mr Lokhnath Tiwari, Perfusionist, played a key role in delivering the training sessions, sharing valuable clinical insights and practical perspectives on family counselling and organ donation.

The programme was also graced by the presence of Mr Ashish Mukherjee, Facility Director; Dr Suchanda Gadre, Medical Superintendent; and Ms Ananya Mitra, Head – Operations.

Fortis Hospital, Greater Noida, Offers Support to Decathlon Sports Utsav as Medical Partner



Fortis Hospital, Greater Noida, served as the Medical Partner for the Decathlon Sports Utsav held on May 23-24, 2026. The partnership reflected the hospital's commitment to promoting community health, sports safety, and emergency preparedness by providing comprehensive medical support throughout the event.

During the two-day sports festival, Fortis Hospital, Greater Noida, deployed a fully equipped ambulance along with a dedicated medical team to ensure immediate medical assistance and emergency care for participants, visitors, and event staff. The on-site medical facility was established to manage any health concerns, injuries, or medical emergencies, enabling athletes and attendees to participate with confidence and safety.

Fortis Hospital, Gurugram, Organises 3rd Nutrition Diagnosis and Enteral Feeding Update 2026



The Department of Critical Care Medicine, ECMO and Clinical Nutrition and Dietetics at Fortis Hospital, Gurugram, in collaboration with an external partner organised the 3rd Nutrition Diagnosis and Enteral Feeding Update 2026, themed 'Mastering Nutrition Diagnosis and Enteral Feed Programs' on May 23, 2026. The event was organised under the leadership of Dr Sandeep Dewan, Senior Director and HOD - Critical Care and Chairman – ECMO Program and Ms Deepti Khatuja, Chief Clinical Nutritionist, to emphasise evidence based enteral feeding practices and the importance of nutritional diagnosis in critical care.

The event featured a line-up of esteemed national speakers, chairpersons and senior doctors from FMRI and Manesar and leading dietetics practitioners from across Delhi NCR. The clinical update was attended by 85 participants physically and more than 35 participants attended online. Dr Jyoti Mishra, Medical Director, Fortis Gurugram, was also present on the occasion.

Fortis Jaipur Strengthens Corporate Engagement through 'Rendezvous with Fortis Team'



Fortis Hospital Jaipur organised a corporate meet, 'Rendezvous with Fortis Team,' in the city on May 22, 2026. The event witnessed the participation of representatives from leading corporate organisations, insurance companies, TPAs, and key business associates associated with the hospital.

The primary objective of the event was to strengthen professional relationships, enhance stakeholder engagement, and express gratitude for the continued trust and support extended by Fortis Hospital Jaipur's valued partners. The platform enabled meaningful interactions, networking opportunities, and discussions focused on future collaborations.

During the event, Dr Manish Agarwal, Facility Director, Fortis Hospital Jaipur, presented an overview of the hospital's facilities, clinical advancements, and commitment to delivering high-quality patient care. Additionally, Ms Meenakshi Gandhi and Ms Rakhi Paul provided insights into Fortis Healthcare Group's extensive network, services, and integrated healthcare offerings.

Fortis Hospital Jaipur also introduced the "Beat the Rhythm" initiative, a corporate engagement program aimed at fostering stronger connections with corporate partners through interactive and engaging activities.

Meet Our Clinician



Dr. Prashant N. Chhajer

Director, Department of Pulmonary Medicine,
Hiranandani Hospital, Vashi-A Fortis Network Hospital

Since how long have you been working with Fortis?

I joined Fortis Hiranandani Hospital, Vashi, in 2009, with the vision of building a dedicated Department of Pulmonary Medicine and a Centre of Excellence for Interventional Pulmonology. It has now been over 17 years with the Fortis family, and it has been an immensely fulfilling journey of patient care, innovation, research and teaching.

Tell us about your journey in the field of Pulmonary Medicine...

I have been associated with Pulmonary Medicine for nearly three decades. After completing my MD from the University of Mumbai and DNB in Respiratory Medicine, I had the opportunity to train and work in Australia, Switzerland and Japan. These experiences shaped both my clinical practice and approach to research. I returned to Mumbai in 2008 after spending nearly a decade overseas, first completing my fellowship training in Sydney, Australia, and then serving as a clinician and researcher at the University Hospital Basel, Switzerland, where I was awarded the title of Privat Dozent.

What led you to specialise in Pulmonology?

Pulmonology appealed to me because the impact you can make is often immediate. Helping someone breathe comfortably again is one of the most rewarding experiences as a clinician. Over the years, I have also been fortunate to contribute to the growth of interventional pulmonology in India, including being involved in the early adoption of EBUS and training many pulmonologists in advanced bronchoscopic procedures. Learning, teaching and constantly striving to improve patient care continue to keep me passionate about this profession.

What are some rewarding aspects of you being a Pulmonologist?

There is immense satisfaction in seeing someone who once



struggled to breathe return to their family, work and everyday activities with renewed confidence. Equally rewarding is the opportunity to contribute beyond patient care. I have been fortunate to be involved in the early development of interventional pulmonology in India, including the introduction and advancement of EBUS, and to train pulmonologists from across the country and abroad in advanced bronchoscopic procedures. Seeing the next generation of clinicians adopt these techniques and improve patient care is incredibly fulfilling. Contributing to research, with over 155 PubMed-indexed publications, has also allowed me to play a small part in advancing respiratory medicine.

Can you share a memorable patient story that had a profound effect on your life and career?

One patient who will always stay with me was diagnosed with a carcinoid tumour that was blocking the airway. The initial recommendation elsewhere was to remove an entire lung. After carefully evaluating the case, we felt there was another option. Using advanced bronchoscopic techniques, we were able to clear the airway and subsequently perform a lung preserving surgery, avoiding the need for a pneumonectomy.

Can you tell us about some of your hobbies?

I enjoy reading and listening to podcasts, especially on subjects beyond healthcare. It gives me an opportunity to learn something new and helps me unwind after a busy day.

Travelling is another passion of mine. Having had the opportunity to live and work abroad, I developed a deep appreciation for experiencing different cultures and meeting people from diverse backgrounds. I also enjoy listening to Bollywood music. Spending quality time with my family is equally important.



Meet Our Nurse



Sandra Benjamin Tamang

Nursing Educator

Fortis Hospital & Kidney Institute, Kolkata

What inspired you to pursue your career in nursing and how it has shaped your professional and personal life?

Helping people especially people during their vulnerable times is what made me choose nursing.

Over time, this profession has made me patient, responsible, disciplined, emotionally strong and has taught me to stay calm under pressure. For me, it is a continuous journey of purpose, growth, and self-improvement.

How do you manage a healthy work-life balance as a nurse?

Maintaining work-life balance as a nurse requires conscious effort, discipline and self-awareness. I strongly believe in order to take care of others we must first take care of ourselves. Adequate rest and mental well-being, especially during demanding schedules should not be ignored. Fostering a supportive work culture help reduce burnout.

Can you share a personal experience that exemplifies the impact nursing had on your life?

There have been many moments where I have felt the deep impact of nursing. One such experience is of a chronic paralysed patient in the ICU who had been admitted for around 17 days. Even while being in pain there were so many emotions in her eyes – fear, helplessness, but also a sense of trust. I would talk to her during my shifts and she would try to do the same. Even without words, sometimes just holding hands would provide so much comfort. It strengthened my empathy and reminded me why I chose this profession.

What steps do you take to stay updated on the advancements and evidence-based

Learning is a continuous process; I make it a point to

participate in training sessions and educational programs whenever possible. The role of being a nursing educator has further strengthened my learning. I not only update myself with the latest theoretical knowledge and practical practices but also reinforce my learning by teaching others.

How has been your journey working at Fortis?

I started my journey at Fortis as a staff nurse in ICU and now I am a nursing educator. It has been an exciting and enriching journey. Moving into a new role broadened my perspective and has challenged me in new ways. Sometimes I do miss being directly involved with patients and understanding their needs closely. However, I try to stay connected by continuously updating my knowledge, and honing my practical skills whenever possible. Overall, my journey here has been truly fulfilling and I hope it continues to grow in the same positive direction.

What qualities or attributed do you think a nurse must possess?

Empathy, patience and communication skills are the main qualities a nurse must possess. They should also be technically competent, emotionally strong, calm under pressure and should be able to adapt well in different situations.

Tell us a bit about your family?

I hail from Darjeeling, a picturesque hill town situated in West Bengal. I come from a family with a strong teacher lineage; my father, mother and grandmother all were in the same profession. Nursing has been my mother's wish and the values she instilled in me have inspired and developed my passion for becoming a nurse.

Community Connect

Fortis Gurugram Observes World Sickle Cell Day with 120 Children of African Origin



On June 19, 2026, Fortis Hospital, Gurugram, commemorated World Sickle Cell Day with a special engagement and awareness program attended by more than 120 children of African origin along with their parents and international partners. The event brought together patients, families and healthcare professionals to promote awareness, education and holistic well-being for individuals affected by sickle cell disease.

Addressing the gathering, Dr Vikas Dua, Principal Director & Head - Pediatric Hematology, Hemato Oncology & Bone Marrow Transplant; Dr Rahul Bhargava, Principal Director & Chief - Hematology, Hemato Oncology & Bone Marrow Transplant and Mr Yash Rawat, Senior Vice President & SBU Head, shared valuable insights on advances in treatment, the importance of timely intervention, patient support systems, and the role of multidisciplinary care in improving outcomes for patients with sickle cell disease. Their sessions encouraged participants to remain informed, proactive and optimistic about disease management and long-term health. As part of the celebrations, children enthusiastically participated in a painting competition, providing a creative platform for self-expression and engagement. The event also featured a healing and wellness session conducted by the Mental Health Department, focusing on emotional resilience, psychological well-being, and coping strategies for patients and their families.

Over 7,500 Children from 625 Schools Participate in Fortis School Mental Health Program's Summer Program 2026



The Fortis School Mental Health Program successfully concluded its Summer Program 2026. The initiative was conducted in the month of May and June in both online and offline formats, engaging school students across India through Internship in Psychology for Grades 11th and 12th.

The online series was led by Dr Samir Parikh, and Dr Mimansa Singh Tanwar, Head, Fortis School Mental Health Program, with participation from over 10,000 students across India and overseas.

The offline internship was attended by more than 7,500 students from 625 schools, facilitated across 21 Fortis Hospitals in Delhi-NCR, Kolkata, Mumbai, Bengaluru, Mohali, Jalandhar, Amritsar, Ludhiana, and Jaipur.

The six-day academic internship introduced students to key areas of psychology through expert-led interactive sessions on Psychological Interviewing, Therapeutic Approaches, Spectrum of Mental Disorders, Social Psychology Insights and Psychological First Aid Skills.

A special highlight of the program was "Strings that Calm: Music for Mental Health," conducted in association with Adayu and Sitar for Mental Health by Rishabh Rishiram Sharma to promote mental health advocacy.

World No Tobacco Day Observed Across Fortis Facilities



Fortis Hospital, Mohali



Adayu, Gurugram



Fortis Hospital, Greater Noida

Fortis Hospital, Mohali

Fortis Hospital, Mohali, organised an awareness session about the harmful effects of tobacco consumption for the inmates of Burail Jail, Chandigarh, on May 29, 2026. Dr Zafar Ahmad Iqbal, Director - Pulmonology, Critical Care and Sleep Studies, conducted the session and shared tips on how to overcome the addiction. A few inmates shared their personal ordeals of overcoming tobacco addiction while motivating others to do the same. The session was appreciated by the authorities and Fortis was requested to organise such sessions more frequently.

Fortis Hospital, Greater Noida

Fortis Greater Noida organised an awareness activity on May 30, 2026, to promote tobacco cessation and healthy lung habits among patients and visitors. A Balloon Blowing Challenge was conducted with separate participation zones for smokers and non-smokers, attracting 45 participants. The hospital also offered free Pulmonary Function Tests and Pulmonologist Consultations, benefiting 22 individuals.

Visitors clicked pictures at the selfie booth and shared awareness messages on social media, while the Pledge Wall encouraged participants to write motivational messages and pledge to quit smoking.

Adayu, Gurugram

Adayu, in association with IMA Gurugram, organised a Walkathon for Wellness to promote awareness about the impact of tobacco on both, physical and mental health. The initiative brought together over 80 participants, including doctors, mental health professionals and healthcare workers, united by a shared commitment towards healthier and tobacco-free living.

Dr Mantosh Kumar, Chief of Clinical Services, Adayu; Dr Rajesh Kataria, President, IMA Gurugram; and Dr Vinita Yadav, Secretary, IMA Gurugram, graced the event and helped spread awareness.

Fortis Gurugram Organises Preventive Health Screening Initiative for Women of Gurugram Police



On May 24, 2026, Fortis Hospital, Gurugram, in collaboration with Gurugram Police and Gurugram Traffic Police, organised a dedicated preventive health screening and awareness initiative for women police personnel. The event featured awareness talks by Dr Rama Joshi, Chairman - Gynae oncology & Robotic Surgery and Dr Vedant Kabra, Principal Director - Surgical Oncology; focusing on preventive healthcare, early detection and women's wellness.

The programme included breast examination, Pap smear and haemoglobin testing, along with awareness sessions on self-breast examination, cervical cancer awareness, mental well-being and preventive care.

More than 100 women police personnel participated in the initiative and underwent preventive health screenings.

Fortis Noida Observes National Cancer Survivors Day



Fortis Hospital, Noida, in association with IOSPL hosted 'Beyond Cancer. Stronger Together', bringing together over 50 cancer survivors, caregivers and clinicians to celebrate resilience, hope and life beyond cancer. The programme featured inspiring survivor stories, expert-led discussions, and wellness sessions, reflecting Fortis Noida's commitment to delivering holistic, patient-centric cancer care.

The event was attended by Dr Rajat Bajaj, Director - Medical Oncology; Dr Jalaj Baxi, Director - Surgical Oncology; Dr Deepak Kumar Jain, Director - Surgical Oncology; Dr Anita Malik, Director - Radiation Oncology; and Dr Jyoti Anand, Associate Director - Medical Oncology, who interacted with survivors and reinforced the importance of comprehensive cancer care beyond treatment.

Dr Rajat Bajaj highlighted that cancer survivorship is about rebuilding confidence and enhancing quality of life through comprehensive physical, emotional, and social support. Dr Jalaj Baxi emphasised the importance of rehabilitation, regular follow-up and community support in ensuring long-term well-being. Mr Mohit Singh, Zonal Director, reaffirmed Fortis Noida's commitment to providing compassionate, multidisciplinary care and supporting patients at every stage of their cancer journey—from diagnosis to long-term survivorship.

Fortis Hospital Gurugram organises “Golden Years Wellness Day” - Bringing Together Genomics and Geriatric Care for Healthier Ageing



On June 14, 2026, Fortis Hospital, Gurugram organised Golden Years Wellness Day, a special initiative under its flagship Zindagi Plus – Geriatric Care Program, bringing together the expertise of Genomics and Geriatric Medicine to advance proactive and personalized healthcare for senior citizens.

The event also marked the introduction of the Advanced Genomics Wellness Package, designed to help individuals better understand their genetic predispositions and adopt preventive health strategies tailored to their unique needs.

The programme was inaugurated by renowned Bollywood actor Shri Raj Babbar and celebrated poet Padma Shri Surender Sharma, whose presence and encouraging words added warmth and inspiration to the occasion. More than 350 senior citizens participated in the event, which focused on preventive healthcare, healthy ageing, and overall well-being. A key highlight of the programme was an engaging panel discussion led by Dr Ankur Bahl, Principal Director – Medical Oncology; Dr Shrinidhi Nathany, Consultant – Molecular Hematology & Oncology; and Dr Akash Jaiswal, Consultant – Geriatric Medicine, who shared valuable insights on the role of genomics, disease prevention, healthy ageing, nutrition, mental wellness, and lifestyle modifications in enhancing quality of life.



FORTIS CELEBRATES INTERNATIONAL DAY OF YOGA

Fortis Hospital Gurugram



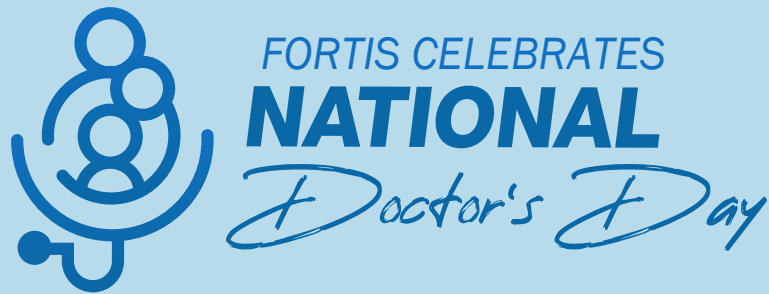
On June 21, 2026, Fortis Hospital Gurugram celebrated International Day of Yoga with great enthusiasm. The event witnessed participation from more than 150 individuals representing various communities and residential societies. The session was led by Dr Parul Sharma, Principal Director – Ophthalmology; Dr Nitika Sobti, Senior Director - Obstetrics & Gynaecology and Dr Vipul Nanda, Director - Plastic Surgery, who emphasised the importance of incorporating yoga into daily life for better physical and mental well-being.

Fortis Hospital Greater Noida



On International Day of Yoga 2026, Fortis Hospital Greater Noida organised a rejuvenating yoga session in association, bringing together over 200 enthusiastic participants to celebrate the spirit of health, wellness and holistic living. The session featured guided yoga postures, breathing exercises, and mindfulness techniques designed to enhance physical fitness, improve mental well-being, and encourage stress management. Participants actively engaged in the session and gained valuable insights into incorporating yoga into their daily routines for a healthier lifestyle.

Photo Feature



Fortis Escorts Hospital, Amritsar



Fortis Hospital, Anandapur, Kolkata



Fortis Hospital, Bengaluru



Fortis Escorts Hospital, Faridabad



Corporate Office, Gurugram



Fortis Hospital, Gurugram



Fortis La Femme, Greater Kailash II, Delhi



Fortis Hospital, Greater Noida



Fortis Escorts Hospital, Jaipur



Fortis Hospital, Jalandhar



Fortis Hospital, Kalyan



Fortis Hospital, Ludhiana



Fortis Hospital, Manesar



Fortis Hospital, Mohali



Fortis Hospital, Mulund



S.L. Raheja Hospital, Mahim-A Fortis Associate



Fortis Hospital, Noida



Fortis Escorts Heart Institute, Okhla



Fortis Hospital & Kidney Institute, Kolkata



Fortis Hospital, Shalimar Bagh



Fortis Hospital, Vasant Kunj



Hiranandani Hospital, Vashi - A Fortis Network Hospital

Doctors' Day Celebration at Gleneagles Hospitals in Hyderabad and Bengaluru



Inspiring Stories

Fortis Vasant Kunj's Fire & Security Staff Douse Flaming Bike; Prevent Untoward Incident

**INSPIRING
STORIES**


The Fire and Security Team at Fortis Hospital, Vasant Kunj responded with remarkable agility and precision when a motorcycle caught fire outside the hospital's gate on May 15, 2026, at about 12:30 p.m. On receiving information, the team, which included Security Personnel Mr Sanjeev, Mr Shailender, Mr Akash, and Mr Gopal, along with Fireman Mr Rishi and Mr Jasbir Singh - Chief Security Officer, promptly reached the site and initiated firefighting measures using fire extinguishers and the fire hydrant system.

Their timely intervention ensured that the fire was swiftly brought under control, preventing any further escalation and ensuring the safety of patients, visitors, staff and hospital premises. No injuries were reported during the incident and normal hospital operations continued without any disruption

Ms Ruchita, MICU Nurse at Fortis Anandapur, Demonstrates Exceptional Presence of Mind; Averts Serious Accident



Ms Ruchita, a MICU Nurse at Fortis Hospital, Anandapur, Kolkata, demonstrated exceptional clinical judgment, composure and compassion during a critical incident outside the hospital. While returning home late at night in a cab on May 30, 2026, she noticed that the driver was unwell and unable to brake properly, posing a serious safety risk.

Remaining calm, she guided him to stop the vehicle safely and assessed his condition. Recognising signs of hypoglycemia and extreme exhaustion, she promptly provided first aid, water and some food to the driver, while also offering emotional support after learning about his personal hardships. Despite the late hour, she ensured the vehicle was secured, arranged assistance and informed the Fortis authorities. Ms Ruchita's swift actions, clinical expertise, empathy and crisis management exemplify the highest standards of nursing excellence and patient-centric care at Fortis.

Engagement

International Nurses Day at Fortis Highlights Excellence Through Innovation and Recognition



Fortis Healthcare celebrated International Nurses Day 2026 across 36 units through a series of activities recognising the dedication, compassion of nurses, aligned with the theme, 'Our Nurses, Our Future: Empowered Nurses Save Lives.' The celebrations included leadership interactions, learning initiatives, engagement activities, and the 'Innovate to Elevate: QIP & Innovation Project Challenge 2026' showcasing innovative nursing practices and quality improvement initiatives.

A special event at Senatus FMRI on May 13 virtually brought together 8000+ nurses, CNOs, unit leadership teams, HR, Medical Administration, and significant others across the Fortis Network and physically attended by Fortis senior leadership along with the Delhi NCR Unit CNOs, reinforcing the organization's commitment to celebrating nursing excellence.

An E-Book, 'Hearts that Heal, Minds that Learn – Tales of Care and Compassion,' was curated to showcase inspiring stories of Fortis nurses demonstrating resilience, compassion, and exceptional patient care. The e-book also featured leadership messages, inspiring Best Catch stories, awards and accolades, and journal publications, highlighting nursing achievements across the Fortis network.

The Corporate Nursing Team led by Ms Jessica D' Souza, Chief Nursing Officer- MSOG, Fortis Healthcare, in collaboration with Marketing, and corporate communication and IT teams, meticulously planned and executed the celebrations. The celebrations received an overwhelming response, reflecting the spirit that we rise by holding and lifting each other.

Fortis Cunningham Road, Bengaluru, Conducts Nursing Leaders Workshop



The Nursing Department at Fortis Hospital, Cunningham Road, Bengaluru, conducted a one-day 'Nursing Leaders Workshop' on May 7, 2026, themed 'From Reflection to Action – Empowering Nursing Leadership for Better Outcomes and Operational Excellence.' The workshop was organised with the objective of strengthening nursing leadership capabilities, enhancing operational excellence and fostering accountability, effective communication and collaborative decision-making among nursing leaders.

The programme witnessed enthusiastic participation from Nursing In-charges and featured a series of interactive sessions covering key areas such as AOP Review & Strategic Goals, Communication in Conflict, Leadership Skills, Accountability at the Frontline, Documentation & Digital Transition, Emotional Mastery, Budgeting & Resource Allocation, and Shared Values in Leadership. The workshop was led by the Nursing Education Team, Ms Rekha and Ms Sukanya, under the guidance of Mr Praveen Wali, Facility Director; Mr C. Suresh Kumar, Chief of Nursing; and Ms Dallie A.S., Deputy Chief of Nursing.

NDRF holds special training session at Fortis Mohali



A special training session on Disaster Management & Emergency Response was conducted by the NDRF team at Fortis Hospital, Mohali, on May 19, 2026, for the hospital staff and security team. Led by Subedar Major Neeraj, the session focused on enhancing emergency preparedness, disaster response awareness, evacuation procedures, fire and safety response, first-response actions, and effective coordination during critical situations. The interactive training by NDRF experts provided valuable practical insights into handling emergency situations effectively and with confidence, reinforcing Fortis Hospital Mohali's commitment to ensuring a safe and prepared healthcare environment for both within the workplace and in personal life situations. As healthcare professionals and support teams, being prepared for emergencies and disaster situations is extremely important. This initiative strengthened our overall safety culture and preparedness standards across the organization.

Building Disaster Readiness: S. L. Raheja Hospital Partners with Municipal Corporation of Greater Mumbai



S. L. Raheja Hospital, Mahim (A Fortis Associate) on May 25-26, 2026, organised a two-day certificate course on Disaster Risk Reduction and Risk Management in association with Municipal Corporation of Greater Mumbai's (MCGM) Disaster Management Cell. The programme served as a comprehensive guide for healthcare professionals on handling a wide range of disaster situations — from natural calamities such as floods, earthquakes, and cyclones, to blasts, building collapses, and riots. Approximately 100 healthcare professionals across departments attended the sessions.

The course was led by distinguished experts in the field. Mr Rajendra Lokhande, Assistant Chief Officer - Training at MCGM's Disaster Management Cell, spearheaded the program. Mr Harishchandra Narkar from the Mumbai Fire Brigade covered fire-related emergencies and evacuation protocols, while Ms Shilpa Shettigar, Principal - SMES College Mumbai, addressed mass casualty management. Mr Pravin Bramhdande from MCGM Disaster Dept. further guided participants on evacuation techniques. The sessions focused on equipping professionals with practical, on-ground solutions using available resources during emergencies.

The programme concluded on an inspiring note as the Chief Guest, Ms Rashmi Lokhande, Chief Officer, MCGM's Disaster Management Department, felicitated all participants for their active involvement and commitment. The initiative was supported by S.L. Raheja Hospital's Dr Kunal Punamiya, CEO & Lt. Gen Dr V. Ravishankar, Medical Advisor, and led by Ms Shreya Rane, Unit Head-Administration along with Mr Atil Gavande, Chief Security Officer.

Team Adayu conducts two RCI-accredited Workshops for over 200 Psychologists



Team Adayu successfully conducted two RCI-accredited 3-day Continuing Rehabilitation Education (CRE) Workshops in March and May 2026, attended by over 200 psychology professionals.

The workshops focused on Crisis Intervention and Alcohol Use Disorder, covering evidence-based approaches in assessment, clinical management, psychosocial interventions, relapse prevention, rehabilitation and recovery-oriented care.

Awards & Accolades

Fortis Healthcare Wins Recognition at ET Edge Best Healthcare Brands 2026



Fortis Healthcare was honoured at the 2026 edition of ET Edge Best Healthcare Brands, which was announced in Mumbai on June 26, 2026. An initiative of The Economic Times (Times Group), the event celebrated healthcare leaders shaping the future of medicine in India. Fortis was recognised for its exceptional contribution to the nation's healthcare journey, raising standards of clinical care, driving medical innovation, strengthening healthcare infrastructure, and delivering compassionate, quality care that has positively impacted communities across India.

Dr Ashok Seth, Chairman - Fortis Escorts Heart Institute, Okhla, Honoured with Hippocrates Legacy Award 2026



Prof Dr Ashok Seth, Chairman - Fortis Escorts Heart Institute, Okhla, was felicitated with the Hippocrates Legacy Award 2026 at the 9th Edition of the Times Now Doctor's Day Conclave 2026, on June 27, 2026. The prestigious honour was presented by Smt Anupriya Patel, Hon'ble Minister of State for Health & Family Welfare and Chemicals & Fertilisers, Government of India, in recognition of Dr Seth's extraordinary contributions to cardiovascular medicine, clinical innovation, research and patient care.

Speaking at the conclave, Dr Seth shared his vision of showcasing India's scientific excellence on the global stage, emphasising the country's immense talent, spirit of innovation, and its potential to develop healthcare solutions that benefit humanity. This recognition celebrates his enduring legacy as a clinician, researcher, mentor and healthcare leader whose work continues to inspire the medical fraternity and strengthen India's healthcare ecosystem.

Dr Swapna Misra of Fortis Mohali Honoured for Excellence in Robotic Gynaecological Surgery



Dr Swapna Misra, Director - Obstetrics, Robotic & Laparoscopic Gynaecology, Fortis Hospital Mohali, was conferred with the 'Excellence Pioneer in Robotic Gynaecological Surgery-2026' by 94.3 MY FM during the MyFM Elite Club Excellence Awards 2026 held in Chandigarh on April 29, 2026. The award was presented by Bollywood Actor and Chief Guest, Jimmy Shergill.

According to Intuitive, a US-based organisation that tracks robotic surgeries conducted on Da Vinci Robotic Surgery systems, Dr Misra has completed 1,236 robot-aided surgeries at Fortis Hospital Mohali, which is the highest number of operations conducted in both government and private hospitals, north of Delhi NCR. Dr Misra has undergone the most advanced training under Dr Peter Lim at San Diego, US, and she is the first TR 500 trained robotic surgeon in the country. Dr Misra is also the first Indian gynaecologist to feature on Global Intuitive.

Team Fortis Wins Big at CAHOCON 2026



Fortis SL Raheja Hospital, Mumbai



Fortis SL Raheja Hospital, Mumbai



Fortis Hospital, Shalimar Bagh



Fortis Hospital, Anandapur



Fortis Hospital, Anandapur



Fortis Hospital, Mulund



GH Chennai



Fortis Hospital, Bannerghatta

Team Fortis won several accolades at the annual conference of Consortium of Accredited Healthcare Organisations (CAHOCON 2026), held in Chennai on April 11- 12, 2026.

Fortis Hospital, Shalimar Bagh, New Delhi, secured the First Runner-up position in the Poster Presentation (Clinical Services category) for its work on Sepsis Management. The award was received by Dr Archana Bajaj, Medical Director. The project focused on early identification protocols, timely antibiotic administration, standardised treatment pathways and multidisciplinary coordination to improve patient outcomes.

Fortis Hospital, Anandapur, Kolkata, won the First Runner-up award for i-Comply Audit. Additionally, Ms Maumita Saha, Quality Nurse, Fortis Hospital, Anandapur, was awarded for standing first in the Quality Management Course on Health Care Management from CAHO.

Fortis Hospital, Mulund secured the First Place in the Lightning Talk (Nursing) category for 'Latch on to Safety – Enhanced Breastfeeding Practices,' presented by Ms Bincy Thomas (Nurse Educator) and Ms Sherin Aranha (Nurse Educator). The team also showcased its expertise through multiple poster and talk presentations in Nursing and Clinical Services categories, while the Central Sterile Services Department (CSSD) earned the Awareness, Compliance and Excellence - ACE 2025 West Zone Runner-up Award.

S.L. Raheja Hospital secured the First Prize in the Nursing Project Platform Presentation for 'Don't Hold It, Sling It: Sling Bag for Uro and Drain Support,' led by Ms Angela Kaushik (Asst. Manager-Nursing Services) and Ms Madhura Mule (Chief Nursing Officer). The hospital also won the Second Prize in the Western Zone Endo Safe Audit with contributions from Dr Vinay Dhir, Consultant Gastroenterologist, and the Endoscopy Dept. A team comprising of Ms Mubina Karbari (Head Quality & PE), Ms Angela Kaushik and Ms Simran Gupta (Senior Officer – Quality) earned the Second Prize in the Pan India Quality Quiz. Also, a team comprising of Dr Sreelaxmi N. (Consultant Neurologist), Dr Swati Suryavanshi, Dr Gaurav Wani (by Medical Superintendent), Ms Madhura Mule, Ms Mubina Karbari and Ms Angela Kaushik, was named the First Runner-Up in the Ideathon E-Poster category for 'ACT FAST: Closing the Gap between Stroke Recognition and Rapid Hospital Arrival,' focused on improving stroke response times.

Fortis Hospital, Bannerghatta Road, Bengaluru, was recognised as the South Zone Winner of the Sustainability Award, underscoring the hospital's comprehensive sustainability initiatives across engineering, maintenance, and clinical operations guided by the core principles of Reduce, Recycle, and Reuse.

In the Meme Competition, Ms Hannah from Gleneagles Hospital (A Fortis Associate), Chennai, won the First Prize.



ALL INDIA CRITICAL CARE HOSPITAL RANKING 2026

NATIONAL RANKINGS

ONCOLOGY – NATIONAL MULTI SPECIALITY

Rank	Hospital
5	Fortis Memorial Research Institute, Gurugram

CARDIOLOGY – NATIONAL MULTI SPECIALITY

Rank	Hospital
2	Fortis Escorts Heart Institute, Okhla, New Delhi
7	Fortis Memorial Research Institute, Gurugram
16	Fortis Hospital, Mohali
17	Fortis Hospital, Anandapur, Kolkata

UROLOGY – NATIONAL SINGLE SPECIALITY

Rank	Hospital
2	Fortis Hospital & Kidney Institute, Rash Behari, Kolkata

NEPHROLOGY – NATIONAL MULTI SPECIALITY

Rank	Hospital
7	Fortis Memorial Research Institute, Gurugram
10	Fortis Hospital, Bannerghatta Road, Bengaluru

PAEDIATRICS – NATIONAL MULTI SPECIALITY

Rank	Hospital
10	Fortis Flt Lt Rajan Dhall Hospital, Vasant Kunj, New Delhi

PAEDIATRICS – NATIONAL SINGLE SPECIALITY

Rank	Hospital
3	Fortis La Femme, GK II, New Delhi

NEURO SCIENCES – NATIONAL MULTI SPECIALITY

Rank	Hospital
4	Fortis Memorial Research Institute, Gurugram
5	Fortis Flt Lt Rajan Dhall Hospital, Vasant Kunj, New Delhi
19	Fortis Escorts, Okhla, New Delhi

GASTROENTEROLOGY & HEPATOLOGY – NATIONAL MULTI SPECIALITY

Rank	Hospital
6	Fortis Memorial Research Institute, Gurugram
14	Fortis Escorts, Okhla, New Delhi
20	Fortis Hospital, Anandapur, Kolkata

UROLOGY – NATIONAL MULTI SPECIALITY

Rank	Hospital
4	Fortis Memorial Research Institute, Gurugram
18	Fortis Hospital, Bannerghatta Road, Bengaluru
20	Fortis Hospital, Anandapur, Kolkata

OBSTETRICS & GYNAECOLOGY – NATIONAL MULTI SPECIALITY

Rank	Hospital
17	Fortis Hospital, Bannerghatta Road, Bengaluru
19	Fortis Hospital, Mulund
20	Fortis Hospital, Anandapur, Kolkata

OBSTETRICS & GYNAECOLOGY – NATIONAL SINGLE SPECIALITY

Rank	Hospital
2	Fortis La Femme, GK II, New Delhi

NEPHROLOGY – NATIONAL SINGLE SPECIALITY

Rank	Hospital
1	Fortis Hospital & Kidney Institute, Rash Behari, Kolkata

EMERGENCY & TRAUMA – NATIONAL MULTI SPECIALITY

Rank	Hospital
4	Fortis Escorts Heart Institute, Okhla, New Delhi
10	Fortis Hospital, Anandapur, Kolkata
15	Fortis Memorial Research Institute, Gurugram

Fortis Hospitals Bengaluru Honoured with Multiple Recognitions at 17th Outlook Business Spotlight Nation Builders Excellence Awards 2026



Fortis Hospitals Bengaluru marked a significant milestone at the 17th Edition of the Outlook Business Spotlight Nation Builders Excellence Awards 2026, held on June 19, 2026 in Bengaluru, with its hospitals receiving multiple prestigious recognitions across key specialties.

Fortis Hospital, Bannerghatta Road received five prestigious awards. The hospital was named the 'Healthcare Brand of Trust & Excellence' and felicitated with the 'Centre of Excellence in Advanced Cardiac Sciences' award, the 'Excellence in Comprehensive Cancer Care' award for multidisciplinary oncology services, the 'Excellence in Advanced Renal & Urological Care' award and the 'Centre of Excellence in Advanced Orthopaedic Care' award.

Fortis Hospital, Cunningham Road was recognised with the 'Service Excellence in Emergency Medical Services' award while Fortis Hospital, Rajajinagar received the 'Service Excellence in Orthopaedic Surgery' award. Fortis Hospital, Yeshwanthpur was honoured as the 'Best Hospital for Patient Care Services.' Fortis Gleneagles Hospital was recognised as the 'Most Trusted Super Specialty Hospital in South India.'

Fortis Shalimar Bagh, Senior Clinicians Honoured at Leadership Federation GCC Mumbai 2026



Fortis Hospital, Shalimar Bagh, along with its distinguished specialists, was recognised at the 7th Leadership Federation GCC Mumbai 2026 Awards, held on May 22, 2026, for outstanding contributions to patient care and clinical excellence across key medical specialties.

Dr Mohit Aggarwal, Principal Director & Head – Medical Oncology, received the 'Best Oncology & Cancer Care Expert 2026' award in recognition of his expertise and commitment to advancing cancer care. Dr Naresh Goyal, Principal Director & HOD – Cardiology & Heart Failure Programme, was honoured with the 'Best Cardiology & Heart Care Expert 2025' award for his significant contributions to the field of cardiology and heart failure management. Further strengthening the hospital's commitment to excellence, Fortis Hospital, Shalimar Bagh, was conferred with the 'Best Super Specialty Hospital Award 2026.' The award was received on behalf of the hospital by Mr Naveen Sharma, Vice President & Facility Director.

Senior Clinicians and Facility Directors of Fortis Hospitals in Ludhiana Felicitated



On May 10, 2026, several senior clinicians from Fortis hospitals in Ludhiana were felicitated with the 'Healthcare Pioneers of Punjab' award by the Hon'ble Health and Family Welfare Minister of Punjab, Shri Balbir Singh, at a prestigious event hosted by The Times of India, recognising their excellence and contribution to healthcare. The awardees included Dr Vishnu Gupta, Director – Neurology; Dr Harish Matta, Director - General & Oncology Surgery; Dr Sanjeev Mahajan, Director – Orthopaedics; Dr Nitin Shanker Behl, Director – Gastroenterology; Dr Sushil Gupta, Additional Director – Pulmonology; Dr Rajat Bhatia, Principal Consultant – ENT and Dr Junish Bagga, Consultant - Vascular Surgery.

In addition, Mr Sunveer Singh Bhambra, Facility Director, Fortis Ludhiana and Mr Gurdarshan Singh Mangat, Facility Director, Fortis Hospital Mall Road Ludhiana, were also felicitated.

Dr Rashi Khare of Fortis Shalimar Bagh Receives 'Best Challenging Case Award' at Global Meet in Amsterdam



Dr Rashi Khare, Additional Director – Cardiology, has been recognised for her clinical excellence and contribution to interventional cardiology. Her work on optimising Drug-Coated Balloons (DCB) in complex coronary lesions has led to the centre being designated as a DCB registry site, with her appointment as Principal Investigator in 2025. She was invited as international faculty at the EDGE PCI Meeting held in Amsterdam on April 20-21, 2026, where she presented Indian data among experts from 16 countries and received the prestigious Best Challenging Case Award, reflecting the institution's commitment to innovation and high-quality patient care.

Dr Neeraj Chaudhary of Fortis Vasant Kunj Honoured with SMRSC 2026 Award for Excellence in Robotic Surgery



Dr Neeraj Chaudhary, Senior Director & HOD – GI Oncology, Minimal Access & Bariatric Surgery, Fortis Hospital Vasant Kunj, has been honoured with the Star Performer Award 2026 on April 11, 2026, at the 3rd Global SSI Multispecialty Robotics Surgery Conference (SMRSC 2026) for his outstanding contributions to Robotic-assisted Surgery. Dr Chaudhary is widely recognised for his precision, innovation and clinical excellence in advanced surgical care. Through the effective use of cutting-edge robotic platforms, he has significantly enhanced surgical accuracy, minimised complications and improved patient recovery outcomes.

This prestigious recognition reflects his unwavering commitment to excellence, innovation and patient-centric care in the field of robotic and minimally invasive surgery.

Dr Manoj K. Goel of Fortis Hospital, Gurugram introduces novel diagnostic concept, 'EBUS-E'



Dr Manoj K. Goel, Principal Director - Pulmonology at Fortis Hospital, Gurugram, has introduced a novel diagnostic concept termed 'EBUS-E,' marking a significant advancement in interventional pulmonology. Published on April 27, 2026, in the prestigious Annals of Interventional Pulmonology, his report, titled 'Expanded Use of Endobronchial Ultrasound Bronchoscope for Sampling Paraesophageal Lesions (EBUS-E) in Challenging Situations where EUS is not Feasible' describes the innovative use of the convex probe endobronchial ultrasound (CP-EBUS) scope for sampling esophageal lesions, particularly in situations where conventional Endoscopic Ultrasound (EUS) is technically challenging or impossible, such as in patients with tight esophageal stenosis.

The EBUS-E approach bridges critical diagnostic gaps by enabling clinicians to access and evaluate primary esophageal targets using the EBUS scope, thereby expanding the scope of minimally invasive diagnostic procedures and improving patient care in complex cases.

Dr Neha Rastogi of Fortis Gurugram Represents India as 'Country Ambassador' at Prestigious Meet in Houston



Dr Neha Rastogi, Senior Consultant – Infectious Diseases, Fortis Hospital, Gurugram, represented India at the prestigious International Immunocompromised Host Society (ICHS) meeting held on May 16, 2026, and hosted by MD Anderson Cancer Center, Houston.

At the forum, she served as Country Ambassador for India, collaborating with global experts on infections in oncology and hematology. She also contributed as a Global Mentor, guiding young clinicians on the evolving field of Infectious Diseases in immunocompromised care. Dr Rastogi also participated as an International Speaker, presenting research on CMV prophylaxis—among the first such publications and presentations from India at an international level.

Dr Vinit Banga of Fortis Faridabad Wins 'Excellence in Acute Stroke Intervention (North)' Award



Dr Vinit Banga, Director & HOD – Neurology & Neuro Intervention, Fortis Escorts Hospital, Faridabad, has been recognised with the 'Excellence in Acute Stroke Intervention (North)' award at the Stroke Innovations & Excellence Awards 2026, organised by Voice of Healthcare, on May 3, 2026.

This honour recognises his exceptional expertise, leadership and impactful contribution to advancing acute stroke care and improving patient outcomes in the region.

Four Doctors from Fortis Shalimar Bagh Recognised at Humanity Awards 2026

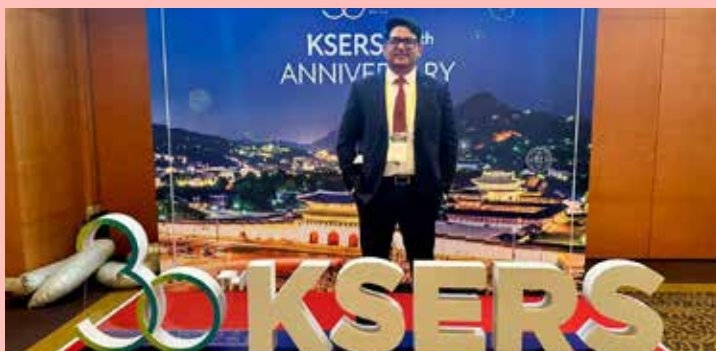


Four senior specialists from Fortis Hospital, Shalimar Bagh, were honoured at the Humanity Awards 2026, organised by Integrated Global Healthcare Mission on May 15, 2026, recognising their contributions and expertise across specialised fields of patient care.

Dr Vikas Maurya, Senior Director & HOD – Respiratory Medicine & Respiratory Critical Care, received the Best Respiratory & Sleep Medicine Expert in Delhi NCR award. Dr Deepak Kalra, Senior Director & HOD – Nephrology, was recognised as Best Nephrology & Renal Care Expert in Delhi NCR. Dr Nityanand Tripathi, Principal Director & HOD – Cardiology & Electrophysiology, received the Best Cardiology & Electrophysiology Expert in Delhi NCR award, while Dr Ramesh Garg, Senior Director & HOD – Gastroenterology, was honoured as Best Gastroenterology & Digestive Care Expert in Delhi NCR.

The recognitions reflect their continued commitment to advancing specialised clinical care, driving excellence in patient outcomes, and strengthening evidence-based practices across respiratory medicine, nephrology, cardiology, electrophysiology, and gastroenterology. The honours further acknowledge their contribution towards delivering comprehensive, patient-centric care while advancing standards of healthcare excellence in their respective domains.

Fortis Mohali's Dr Shweta Tahlan and Dr Jitender Rohila Showcase Robotic Surgery Expertise at International Congress in Korea



Dr Shweta Tahlan, Senior Consultant - Gynae Onco-Surgery; and Dr Jitender Rohila, Senior Consultant - GI Surgical Oncology and Robotic Surgeon, Fortis Cancer Institute, Mohali, represented Fortis Hospital Mohali at the 58th Congress of the Korean Society of Endo-Laparoscopic & Robotic Surgery and the 16th International Symposium (KSERS 2026) held in Korea on April 23-25, 2026.

Dr Tahlan presented sessions on Robot-Assisted Interval Cytoreductive Surgery for Ovarian Cancer and Robot-Assisted Sentinel Lymph Node Mapping with Pelvic Lymphadenectomy for Carcinoma Endometrium. She highlighted advanced expertise in robotic gynaecologic oncology and showcased the evolving role of minimally-invasive techniques in improving cancer care outcomes. Dr Jitender Rohila presented sessions on Robot-Assisted Median Pancreatectomy (Warshaw Procedure), while highlighting advanced expertise in robotic pancreatic surgery. The congress also saw participation from various international forums including, The Society of American Gastrointestinal and Endoscopic Surgeons, European Association for Endoscopic Surgery and Korean Association of Hepatobiliary Pancreatic (HBP) Surgery among others.

Nephrology Experts from Fortis Vasant Kunj Lead Groundbreaking Global Study; Report Published in Prestigious Journal



Dr. Sanjeev Gulati and Dr. Sanskriti Chauhan from the Department of Nephrology & Kidney Transplant at Fortis Hospital Vasant Kunj have led a landmark research study published in the prestigious nephrology journal, *Kidney International Reports*. The study is the world's largest prospective multicentre study from India involving six centres, evaluating the use of an indigenously available controlled-release enteric-coated budesonide in patients with primary IgA nephropathy at high risk of disease progression.

The research provides valuable real-world evidence on the effectiveness of an affordable indigenous budesonide formulation in the Indian population, which has remained underrepresented in major global clinical trials. The innovative enteric-coated budesonide approach offers a significantly more accessible and cost-effective treatment alternative for patients in developing countries, while also demonstrating a favourable safety profile.

Dr Mastebhakit Bhavana and Dr Kirti Chandran B, DNB Trainees at Fortis Escorts, New Delhi, Win NBEMS Gold Medals



Dr. Mastebhakit Bhavana and Dr. Kirti Chandran B, DNB Trainees at Fortis Escorts, Okhla, New Delhi, received Gold Medals at the 23rd Convocation of the National Board of Examinations in Medical Sciences (NBEMS). The felicitations were presented by Shri Jagat Prakash Nadda, Union Minister for Health and Family Welfare, during a ceremony held at Vigyan Bhawan, New Delhi, on May 23, 2026.

Dr. Mastebhakit Bhavana received the Gold Medal in Cardiology, while Dr. Kirti Chandran B was awarded the Gold Medal in Cardiac Anaesthesia for securing top rank in their respective super-speciality examinations.

Ms Bincy Thomas of Fortis Mulund Wins Top Honours at ANEICON 2026 Poster Competition



Ms Bincy Thomas, Nurse Educator, Fortis Hospital, Mulund, bagged the first prize in the poster presentation competition at the annual conference of Association of Nurse Executives of India, ANEICON 2026. The event was held in Mumbai, on May 29-30, 2026. Ms Bincy's presentation titled 'Latch on to Safety-Impact of Enhanced Breastfeeding Practices' was adjudged the best among 67 entries.

Nursing teams from across Fortis hospitals in Mumbai were actively involved in organising the conference. Prominent among them were Fortis Hospital Mulund's Ms Minimole Varghese, Chief Nursing Officer, who is also the Vice President ANEI West Zone and Chairperson, Souvenir Committee; Mr Mario Kolambel, Nurse Educator, who hosted the event; Ms Bincy Thomas, who was a Souvenir Committee member; S. L. Raheja Hospital Mahim's Ms Madura Muley, Chief Nursing Officer, who was a member of IT Committee and Ms Angela Rai, Associate Chief Nursing Officer, who co-hosted the event. Over 600 nurse leaders from across India participated in the conference.

Fortis Hospitals in Bengaluru Recognised with Multiple Honours at the Times Business Awards 2026



Fortis hospitals in Bengaluru added another milestone to its journey of clinical excellence at the Times Business Awards 2026, held on June 25, 2026. The hospitals were recognised across multiple specialties, reaffirming Fortis' commitment to delivering world-class healthcare through clinical excellence, innovation, and patient-centric care.

Fortis Hospital, Bannerghatta Road received the Excellence in Quaternary Care award in recognition of its leadership in delivering highly advanced, multidisciplinary care across complex medical and surgical specialties. Fortis Hospital, Cunningham Road was honoured with the Excellence in Cardiology award for its expertise in comprehensive cardiac care, advanced interventions, and consistently delivering superior clinical outcomes through evidence-based treatment and innovation. Fortis Hospital, Nagarbhavi received the Excellence in Super Speciality Care in West Bengaluru award, recognising its commitment to delivering comprehensive super speciality services, clinical excellence, and compassionate patient care to the communities it serves.

These apart, Dr Naveen M. A., HOD & Senior Consultant – Minimal Access Brain and Spine Surgery, Gleneagles BGS Hospital (A Part of Fortis Healthcare Network), Kengeri, was conferred the Service Excellence in Neurosurgery award. The recognition acknowledges his outstanding contribution to minimally invasive brain and spine surgery, clinical expertise, and dedication to improving patient outcomes through advanced neurosurgical care.

Fortis Celebrates World Environment Day



**Fortis Hospital,
Anandapur**



**Fortis Hospital
BG Road, Bengaluru**



**Fortis Hospital,
CG Road**



**Fortis Hospital,
Faridabad**



**Fortis Hospital,
Gurugram**



**Fortis La Femme,
GK II**



**Fortis Hospital,
Greater Noida**



**Fortis Escorts
Hospital, Jaipur**



**Fortis Hospital,
Jalandhar**



**Fortis Hospital,
Ludhiana**



**Fortis Hospital,
Manesar**



**Fortis Hospital,
Mohali**



**Fortis Hospital,
Mulund**



**S.L. Raheja Hospital,
Mahim-A Fortis Associate**



**Fortis Hospital,
Nagarbhavi**



**Fortis Hospital,
Noida**



**Fortis Escorts Heart
Institute, Okhla**



**Fortis Hospital & Kidney
Institute, Kolkata**



**Fortis Hospital,
Rajajinagar**



**Fortis Hospital,
Shalimar Bagh**



**Fortis Hospital,
Vasant Kunj**



**Hiranandani
Hospital, Vashi**



**Fortis Hospital,
Yeshwantpur**

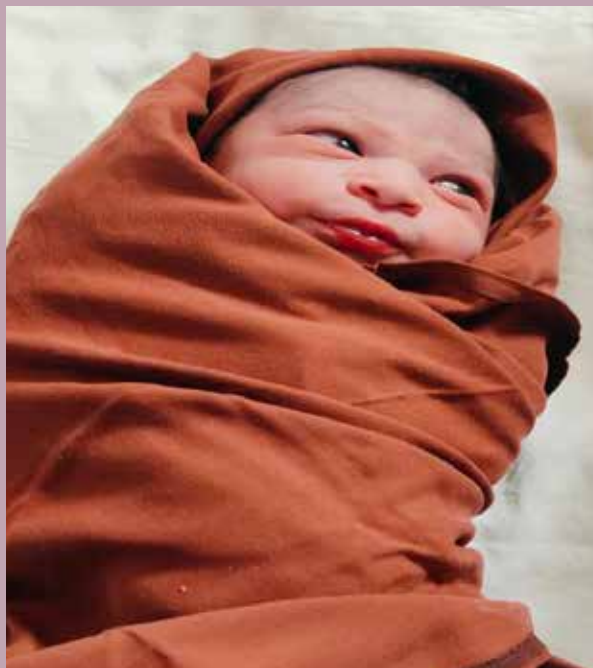
Congratulations

New Additions to the Family



Baby of Anuj Kumar-Fortis C-DOC Unit

New Additions to the Family



Baby of Partha Mondal-Nagarbhavi Unit

Team Behind The Scene



Ajey Maharaj
Editor in Chief



Debasish Chakraborty
Deputy Editor



Pankaj Bakhru
Corporate Office, Gurugram



Rishu Singh
Corporate Office, Gurugram



Priya Bendre
Fortis, Mumbai



Jessica Cynthia
Fortis, Bengaluru



Priyanka Kumari
Fortis Hospital, Noida



Shivani Chaturvedi
Fortis Escorts, Okhla Road



Sneha Pal
Fortis Anandapur, Kolkata



Suparna Paul
Fortis Hospital, Gurugram



Vani Sharma
Fortis Hospital, Gurugram



Binkesh Kumar
Fortis Hospital, Jalandhar



Anmol Singh
Fortis Hospital, Mohali



Kapil Sharma
Fortis Escorts, Amritsar



Shariq Roomi
Fortis Hospital, Shalimar Bagh



Gyan Kaur Namdhari
Fortis Hospital, Ludhiana



Rajendra Kumar
Fortis Hospital, Greater Noida



Koninika Dey
FHKI, Kolkata



Ravinder Singh
Fortis Hospital, Vasant Kunj



Brij Kishore Gupta
Fortis Escorts Hospital, Jaipur



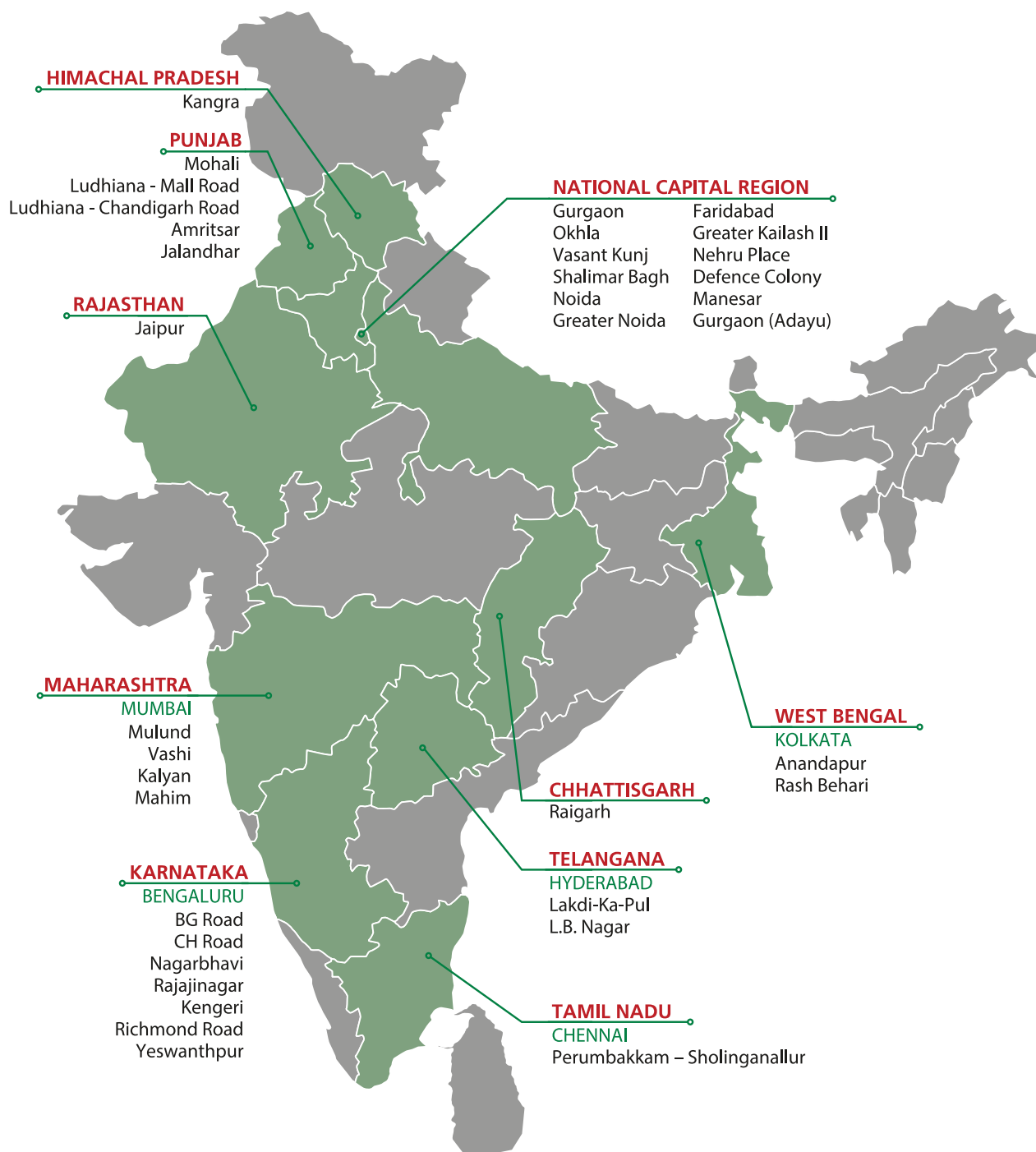
Kapil Yadav
Fortis Hospital, Manesar



Gunjan Chopra
Fortis Escorts Faridabad

INSPIRING TRUST ACROSS THE GLOBE

Committed to delivering world-class healthcare.



36
HOSPITALS
ACROSS THE COUNTRY

6100⁺
BEDS
(OPERATIONAL)

4
JCI ACCREDITED
FORTIS HOSPITALS

34
NABH ACCREDITED
FORTIS HOSPITALS